

# ESU MEN'S TRACK & FIELD NCAA CHAMPIONSHIPS

## INDOOR CHAMPIONSHIPS

|      |                  |        |       |          |
|------|------------------|--------|-------|----------|
| 1990 | Martin Brans     | 1500   | 6th   | 3:56.7   |
| 1991 | Martin Brans     | 1500   | 8th   | 4:02.6   |
| 1994 | Rob Stone        | LJ     | 8th   | 22-8 1/2 |
| 1996 | Rob Stone        | LJ     | 6th   | 22-7 3/4 |
| 1997 | Russ McGeehan    | Weight | 12th  | 54-6     |
| 1998 | Rob Stone        | LJ     | 4th   | 24-1 3/4 |
| 2002 | Mike Newhard     | HJ     | t-6th | 6-9 3/4  |
| 2003 | Mike Newhard     | HJ     | 6th   | 6-9 3/4  |
|      | Brad Fees        | HJ     | t-9th | 6-6      |
| 2008 | Rusty Smith      | 60H    | 8th   | 8.13     |
|      | Iuri Pinto       | Mile   | 10th  | 4:19.05  |
|      | Drew Miller      | TJ     | 10th  | 46-9     |
| 2009 | Rusty Smith      | 60H    | 5th   | 8.18     |
|      | Paul Wagner      | Weight | 9th   | 61-4 3/4 |
| 2010 | Negus Graham     | 400    | 4th   | 47.37    |
|      | Chris Reddick    | 200    | 11th  | 21.74    |
|      | Drew Miller      | TJ     | 12th  | 47-8     |
|      | Rusty Smith      | 60H    | dnp   | fs       |
|      | Paul Wagner      | Weight | dnp   | foul     |
| 2011 | Negus Graham     | 400    | 5th   | 47.43    |
| 2014 | Seth Bailey      | HJ     | 3rd   | 6-11 3/4 |
|      | William Berry    | HJ     | t-9th | 6-8 3/4  |
|      | Travis Toth      | Weight | 11th  | 60-5 3/4 |
| 2016 | Travis Toth      | Weight | 10th* | 61-9 3/4 |
|      | William Berry    | HJ     | 12th* | 6-9      |
| 2017 | Steve Morgan     | 60H    | 9th*  | 8.05     |
| 2020 | Justin Miller    | TJ     | ----  | ----     |
|      | Dominic Walton   | SP     | ----  | ----     |
| 2023 | Donavan Anderson | LJ     | 9th*  | 23-8 1/4 |
|      | Donavan Anderson | TJ     | 12th* | 47-8 1/2 |
| 2024 | Cole Gorham      | SP     | 10th  | 56-2     |

# 2020 NCAA DII Indoor Championships were cancelled due to COVID-19. All entrants were awarded All-America honors.

## OUTDOOR CHAMPIONSHIPS

|      |                                                                |           |        |               |
|------|----------------------------------------------------------------|-----------|--------|---------------|
| 1971 | Ed Long                                                        | Jav       | 2nd    | 229-3         |
| 1972 | Lenny Jenkins                                                  | TJ        | 3rd    | 49-2 1/4      |
|      | Ed Long                                                        | Jav       | 4th    | 227-6         |
| 1973 | Lenny Jenkins                                                  | TJ        | 5th    | 50-6          |
| 1974 | Lenny Jenkins                                                  | TJ        | 2nd    | 51-7 1/4      |
| 1975 | Pete Heesen                                                    | 3000 stpl | 4th    | 9:07.4        |
| 1976 | Pete Heesen                                                    | 3000 stpl | 1st    | 8:57.96       |
|      | Paul Ferency                                                   | SP        | 4th    | 53-3 1/4      |
| 1977 | Pete Heesen                                                    | 3000 stpl | 1st    | 9:03.52       |
| 1978 | Paul Ferency                                                   | SP        | 2nd    | 58-4 3/4      |
| 1979 | Paul Ferency                                                   | SP        | 3rd    | 58-10 1/4     |
| 1981 | Mike Revenis                                                   | Jav       | 5th    | 215-9         |
| 1982 | Mike Revenis                                                   | Jav       | 1st    | 244-9         |
| 1984 | Jack Goldowski                                                 | 400H      | 6th    | 52.76         |
|      | Mike Scicchitano                                               | Jav       | dnp    | 201-3         |
|      | Steve Montick                                                  | 10,000    | dnp    |               |
| 1985 | Jack Goldowski                                                 | 400H      | 6th    | 51.93         |
|      | Jeff Appel                                                     | 1500      | dnp    | 4:00.03       |
| 1987 | Jim Lauck                                                      | 3000 stpl | 7th    | 8:59.43       |
| 1988 | Jim Lauck                                                      | 3000 stpl | 5th    | 9:08.37       |
|      | Lance Branyan                                                  | Jav       | 12th   | 202-0         |
|      | Jeff Hager                                                     | Jav       | 16th   | 191-1         |
| 1989 | Jim Lauck                                                      | 3000 stpl | 6th    | 9:02.47       |
| 1992 | Lance Branyan                                                  | Jav       | 4th    | 215-11        |
|      | Al Yackenchick                                                 | Jav       | 6th    | 208-11        |
| 1993 | Evan Arnow-Perfilio                                            | LJ        | 11th   | 22-5          |
| 2001 | Mike Newhard                                                   | HJ        | t-14th | 6-6 1/4       |
|      | David Dean                                                     | Jav       | 14th   | 180-1         |
| 2002 | Barry Krammes                                                  | Jav       | 7th    | 203-4         |
| 2003 | Barry Krammes                                                  | Jav       | 7th    | 205-6         |
|      | Dan Gale                                                       | Jav       | dnp    | 181-10        |
| 2004 | Dan Gale                                                       | Jav       | 6th    | 207-4         |
|      | Barry Krammes                                                  | Jav       | 11th   | 200-3         |
| 2005 | Iuri Pinto                                                     | 10,000    | 17th   | 33:34.31      |
| 2006 | Iuri Pinto                                                     | 10,000    | 17th   | 33:03.43      |
|      | Dan Gale                                                       | Jav       | 13th   | 198-0         |
| 2007 | Iuri Pinto                                                     | 1500      | 14th   | 3:56.58       |
|      | Kenny Cardullo                                                 | Jav       | 14th   | 188-8         |
| 2008 | Iuri Pinto                                                     | 1500      | 4th    | 3:51.05       |
|      | Kenny Cardullo                                                 | Jav       | 12th   | 194-8         |
|      | Drew Miller                                                    | TJ        | 14th   | 47-3 1/2      |
|      | Matthew Gallup                                                 | PV        | dnp    | nh            |
| 2009 | Paul Wagner                                                    | Hammer    | 6th    | 196-9         |
|      | 4x100 Relay                                                    |           | 9th    | 40.92         |
|      | (Asher Ashfield, Chris Reddick, Jeff McClenton, McCloskey)     |           |        |               |
|      | Andrew McCloskey                                               | 100       | 10th   | 10.48         |
|      | Kenny Cardullo                                                 | Jav       | 10th   | 196-4         |
|      | Rusty Smith                                                    | 110H      | 13th   | 14.47         |
|      | Bill Buis                                                      | Jav       | 13th   | 195-9         |
|      | Matthew Gallup                                                 | PV        | dnp    | nh            |
| 2010 | Paul Wagner                                                    | Hammer    | 7th    | 195-8         |
|      | Negus Graham                                                   | 400       | 8th    | 47.08 (46.87) |
|      | 4x100 Relay                                                    |           | 8th    | 41.51 (40.80) |
|      | (Asher Ashfield, Ian Melhorn, Chris Reddick, Andrew McCloskey) |           |        |               |
|      | Drew Miller                                                    | TJ        | 9th    | 49-1 3/4      |
|      |                                                                | LJ        | 14th   | 22-1 1/2      |
|      | Josh Hontz                                                     | Jav       | 13th   | 183-11        |
|      | Matthew Gallup                                                 | PV        | dnp    | nh            |
| 2011 | Josh Hontz                                                     | Jav       | 2nd    | 225-4         |
|      | Negus Graham                                                   | 400       | 12th   | 48.13         |
| 2012 | Matt Tholis                                                    | Jav       | 7th    | 213-7         |
|      | Dan Johnson                                                    | Dec       | 8th    | 6,642         |
| 2013 | Matt Tholis                                                    | Jav       | 2nd    | 232-0         |
|      | Josh Hontz                                                     | Jav       | 5th    | 219-4         |
|      | Seth Bailey                                                    | HJ        | t-11th | 6-8 3/4       |
|      | Travis Toth                                                    | Hammer    | 13th   | 183-9         |
| 2014 | Travis Toth                                                    | Hammer    | 8th    | 193-1         |
|      | William Berry                                                  | HJ        | dnp    | nh            |
| 2015 | William Berry                                                  | HJ        | 10th*  | 6-10 3/4      |
| 2016 | Travis Toth                                                    | Hammer    | 5th    | 206-11        |
| 2017 | Steve Morgan                                                   | 110H      | 11th*  | 14.23         |
| 2022 | Eric Garner                                                    | Javelin   | 14th   | 206-0         |
| 2023 | Donavan Anderson                                               | LJ        | 8th    | 25-0 1/2      |
| 2024 | Gole Gorham                                                    | Discus    | 8th    | 174-0         |

### Multiple All-Americans

3 - Donavan Anderson, Travis Toth, Negus Graham, Rob Stone, Jim Lauck, Paul Ferency, Pete Heesen, Lenny Jenkins

2 - Cole Gorham, Steve Morgan, William Berry, Matt Tholis, Josh Hontz, Paul Wagner, Rusty Smith, Mike Newhard, Barry Krammes, Martin Brans, Jack Goldowski, Mike Revenis, Ed Long

28 All-Americans in school history (plus 1 relay)

21 2- or 3-time All-Americans

\*(2015 - 1st year for 2nd team A-A [9th thru 12th place])

# ESU MEN'S TRACK & FIELD PSAC CHAMPIONS

|      |         |                                                                                                                                                                                                                  |
|------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 | Outdoor | Miguel Charlery (200), Aaron Sanchez (HJ), Cole Gorham (Discus)<br>4x400 Relay (Tyler Boone, Zandrew Bowe, Zephyr Crestwell, Miguel Charlery)                                                                    |
| 2024 | Indoor  | Tyler Boone (400), Cole Gorham (SP)<br>4x400 Relay (Tyler Boone, Renaco Limberg, Jaylen Morrison, Miguel Charlery)                                                                                               |
| 2023 | Outdoor | Kobe Jenkins (110H), Donovan Anderson (triple jump)                                                                                                                                                              |
| 2023 | Indoor  | Donavan Anderson (triple jump)                                                                                                                                                                                   |
| 2021 | Outdoor | Raul Esteves (100), Dan Amari (PV), Dominic Walton (SP), Carlos Pepin (HJ)                                                                                                                                       |
| 2020 | Indoor  | Darnell Randall (LJ)                                                                                                                                                                                             |
| 2019 | Outdoor | Justin Miller (LJ), 4x100 Relay (Pat Monahan, Akeim Thomas, Brendan Shaffer, Jalen Bailey)                                                                                                                       |
| 2018 | Outdoor | Austin Horner (Dec), Darnell Randall (LJ),<br>4x100 Relay (Pat Monahan, Christian Castro, Ronald D'Eliseo, Andrew Schumacher)                                                                                    |
|      | Indoor  | Christian Castro (60H)                                                                                                                                                                                           |
| 2017 | Outdoor | Steve Morgan (110H)                                                                                                                                                                                              |
|      | Indoor  | Steve Morgan (60H), Khai Samuels (800)                                                                                                                                                                           |
| 2016 | Outdoor | Derrick Washington (400), Steve Morgan (110H), William Berry (HJ), Travis Toth (Ham)                                                                                                                             |
|      | Indoor  | William Berry (HJ), Travis Toth (WT)                                                                                                                                                                             |
| 2015 | Outdoor | Derrick Washington (400), Steve Morgan (110H), William Berry (HJ), Eric Conard (Dec)<br>4x400 Relay (Juwaan Walker, Washington, Ronald D'Eliseo, Damien Boham)                                                   |
|      | Indoor  | Damien Boham (800), Steve Morgan (60H)                                                                                                                                                                           |
| 2014 | Outdoor | Steve Morgan (110H), William Berry (HJ), Travis Toth (Ham)                                                                                                                                                       |
|      | Indoor  | Seth Bailey (HJ), Travis Toth (WT)                                                                                                                                                                               |
| 2013 | Outdoor | Damien Boham (400), Frank Fezza (1500), Seth Bailey (HJ), Matt Tholis (Jav)                                                                                                                                      |
|      | Indoor  | 4x400 Relay (Keith Parker-Washington, William Berry, Damien Boham, Mike Saparito)                                                                                                                                |
| 2012 | Outdoor | 4x100 Relay (Brandon Mercer, Keith Parker-Washington, Robert Fearon, Ian Melhorn), Dan Johnson (Decath)                                                                                                          |
|      | Indoor  | Ian Melhorn (200), Kyle Soden (HJ), Dan Johnson (Hept)                                                                                                                                                           |
| 2011 | Outdoor | Asher Ashfield (100), Negus Graham (200, 400), Josh Hontz (Jav),<br>4x400 Relay (Keith Parker-Washington, Christopher Walker, Greg Pammer, Graham)                                                               |
|      | Indoor  | Negus Graham (200, 400), Mike Saparito (800), 4x400 Relay (Parker-Washington, Pammer, Graham, Melhorn)<br>4x800 Relay (Mahmoud Aldeen, Amr Aldeen, Steve Werley, Mike Saparito)                                  |
| 2010 | Outdoor | Andrew McCloskey (100), Negus Graham (400), Paul Wagner (Ham, SP), Drew Miller (TJ),<br>4x100 Relay (Asher Ashfield, Ian Melhorn, Chris Reddick, McCloskey), 4x400 Relay (Graham, Melhorn, Greg Pammer, Reddick) |
|      | Indoor  | Chris Reddick (200), Paul Wagner (WT, SP), Drew Miller (TJ),<br>4x400 Relay (Reddick, Ian Melhorn, Greg Pammer, Negus Graham)                                                                                    |
| 2009 | Outdoor | Andrew McCloskey (100, 200), Rusty Smith (110H), Paul Wagner (Ham), Matt Gallup (PV),<br>4x100 Relay (Asher Ashfield, Chris Reddick, Jeff McClenton, McCloskey)                                                  |
|      | Indoor  | Chris Reddick (200), Rusty Smith (55H), Paul Wagner (WT), Drew Miller (TJ), Matt Gallup (PV)                                                                                                                     |
| 2008 | Outdoor | Iuri Pinto (1500), Drew Miller (TJ), Matt Gallup (PV), Paul Wagner (Ham)                                                                                                                                         |
|      | Indoor  | Drew Miller (TJ), Matt Gallup (PV), Paul Wagner (WT), Kenny Cardullo (Pent)                                                                                                                                      |
| 2007 | Outdoor | Iuri Pinto (1500)                                                                                                                                                                                                |
|      | Indoor  | Iuri Pinto (Mile), DMR (Drew Nesbitt, Jon Reid, Rob Innis, Pinto)                                                                                                                                                |
| 2006 | Indoor  | DMR (Drew Nesbitt, Steve Denninger, Rob Innis, Iuri Pinto)                                                                                                                                                       |
| 2005 | Outdoor | Andy Richard (LJ)                                                                                                                                                                                                |
|      | Indoor  | DMR (Drew Nesbitt, Steve Denninger, Rob Innis, Iuri Pinto)                                                                                                                                                       |
| 2004 | Indoor  | Mike Newhard (HJ)                                                                                                                                                                                                |
| 2003 | Outdoor | Mark Stinson (400 IH)                                                                                                                                                                                            |
|      | Indoor  | Mike Newhard (HJ)                                                                                                                                                                                                |
| 2002 | Outdoor | Brad Fees (HJ)                                                                                                                                                                                                   |
|      | Indoor  | Mike Newhard (HJ)                                                                                                                                                                                                |
| 2001 |         | Mike Newhard (HJ)                                                                                                                                                                                                |
| 1998 |         | Rob Stone (LJ)                                                                                                                                                                                                   |
| 1997 |         | Russ McGeehan (Disc)                                                                                                                                                                                             |
| 1995 |         | Rob Stone (LJ)                                                                                                                                                                                                   |
| 1993 |         | Evan Arnow-Perfilio (LJ)                                                                                                                                                                                         |
| 1992 |         | Evan Arnow-Perfilio (LJ), Lance Branyan (Jav)                                                                                                                                                                    |
| 1991 |         | Lance Branyan (Decath, Jav)                                                                                                                                                                                      |
| 1990 |         | Greg Tymon (Decath), Matt Foust (PV)                                                                                                                                                                             |

# ESU MEN'S TRACK & FIELD PSAC CHAMPIONS

|      |                                                                                                                                                                 |
|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1988 | Lance Branyan (Decath)                                                                                                                                          |
| 1987 | 4x400 Relay (Bob Sauerwine, Jon Hess, Dave Stuart, Jose Ferreira)                                                                                               |
| 1985 | Kevin Mobley (LJ), Carlos Forde (TJ), Jack Goldowski (Tie, 400 IH),<br>4x400 Relay (Jim Woods, Al Michalec, Dave Stuart, Goldowski)                             |
| 1984 | Jack Goldowski (400 IH), 4x400 Relay (Dave Stuart, Brian McClanahan, Al Michalec, Goldowski)                                                                    |
| 1983 | Tony Sabb (400 IH), 4x400 Relay (Peter Wright, Tony Sabb, Brian McClanahan, Jack Goldowski)                                                                     |
| 1982 | Mike Revenis (Jav)                                                                                                                                              |
| 1981 | Mike Revenis (Jav), Tony Sabb (400 IH)                                                                                                                          |
| 1979 | Paul Ferency (SP), Dave Strein (PV), 4x400 Relay (George Burford, Mark Palmieri, Lou Welch, Dave Evans)                                                         |
| 1978 | Paul Ferency (SP), Woodrow Johnson (100), Ed Patterson (PV), Dale Robertson (110 HH, 400 IH),<br>4x100 Relay (Chris Harrison, Gary Jackson, Johnson, Robertson) |
| 1977 | Pete Heesen (3000 St.), Elbert Price (100, 220), Dale Robertson (400 IH),<br>Mile Relay (Ed Guers, Phil Bujalski, Chris Purvis, Barry Purvis)                   |
| 1976 | Pete Heesen (3000 St., 6 Miles), Paul Ferency (SP)                                                                                                              |
| 1975 | Pete Heesen (3000 St.), Lenny Jenkins (LJ, TJ)                                                                                                                  |
| 1974 | Lenny Jenkins (LJ, TJ, PV)                                                                                                                                      |
| 1973 | Lenny Jenkins (LJ, TJ)                                                                                                                                          |
| 1972 | Mile Relay (Jack Sabol, Bill Stohl, Glenn Renick, Dennis Morrissey)                                                                                             |
| 1971 | Ed Long (Jav)                                                                                                                                                   |
| 1970 | Joe Ahouse (880)                                                                                                                                                |
| 1968 | Gil Rogers (TJ)                                                                                                                                                 |
| 1962 | Russ Hopewell (LJ)                                                                                                                                              |
| 1961 | Russ Hopewell (LJ), Mile Relay (Lee Ely, Joe Galizio, Lewis Murdock, Russ Hopewell)                                                                             |
| 1960 | Arthur Wilson (440)                                                                                                                                             |
| 1958 | Mile Relay (Dave Sellers, Don Greenwood, Andy Gall, Lewis Murdock)                                                                                              |
| 1956 | Charles McComsey (SP)                                                                                                                                           |
| 1951 | Mark Nejako (880, Mile), William Prater (2 Miles), George DeLong (PV)                                                                                           |
| 1950 | William Hillman (100, 220), Mark Nejako (880)                                                                                                                   |
| 1949 | John McCarthy (120 IH), Paul Urda (SP)                                                                                                                          |
| 1948 | John McCarthy (120 IH)                                                                                                                                          |
| 1942 | Bernard Bonner (Mile, 2 Miles)                                                                                                                                  |
| 1941 | Bernard Bonner (Mile, 2 Miles)                                                                                                                                  |
| 1940 | Ed Morgan (HJ)                                                                                                                                                  |
| 1937 | John Erickson (Mile)                                                                                                                                            |
| 1936 | John Erickson (Mile)                                                                                                                                            |
| 1934 | John Duda (440, 880)                                                                                                                                            |
| 1933 | Arneberg (PV), Whalley (SP)                                                                                                                                     |
| 1932 | Jimmy Payne (100)                                                                                                                                               |
| 1931 | Jimmy Payne (100), Kenneth Merritt (880), O'Connor (2 Miles)                                                                                                    |
| 1930 | William Sterling (200), Wilber May (120 IH), Arthur Heckman (LJ)                                                                                                |

# ESU MEN'S TRACK & FIELD PSAC CHAMPIONS

## 100yds

|                 |      |      |
|-----------------|------|------|
| Jimmy Payne     | 10.0 | 1931 |
| Jimmy Payne     | 10.1 | 1932 |
| William Hillman | 10.0 | 1950 |
| Elbert Price    | 9.94 | 1977 |

## 100m

|                  |       |      |
|------------------|-------|------|
| Woodrow Johnson  | 11.01 | 1978 |
| Andrew McCloskey | 10.41 | 2009 |
| Andrew McCloskey | 10.85 | 2010 |
| Asher Ashfield   | 10.88 | 2011 |
| Raul Esteves     | 10.70 | 2021 |

## 220yds

|                  |       |      |
|------------------|-------|------|
| William Sterling | 22.5  | 1930 |
| William Hillman  | 22.1  | 1950 |
| Elbert Price     | 21.96 | 1977 |

## 200m

|                  |       |      |
|------------------|-------|------|
| Andrew McCloskey | 21.30 | 2009 |
| Negus Graham     | 21.99 | 2011 |
| Miguel Charlery  | 21.46 | 2024 |

## 200m (Indoors)

|               |       |      |
|---------------|-------|------|
| Chris Reddick | 21.86 | 2009 |
| Chris Reddick | 21.24 | 2010 |
| Negus Graham  | 21.83 | 2011 |
| Ian Melhorn   | 21.96 | 2012 |

## 440yds

|               |      |      |
|---------------|------|------|
| John Duda     | 50.4 | 1934 |
| Arthur Wilson | 51.1 | 1960 |

## 400m

|                    |       |      |
|--------------------|-------|------|
| Negus Graham       | 47.43 | 2010 |
| Negus Graham       | 47.16 | 2011 |
| Damien Boham       | 47.66 | 2013 |
| Derrick Washington | 47.72 | 2015 |
| Derrick Washington | 47.83 | 2016 |

## 400m (Indoors)

|              |       |      |
|--------------|-------|------|
| Negus Graham | 47.95 | 2011 |
| Tyler Boone  | 50.10 | 2024 |

## 880yds

|                 |        |      |
|-----------------|--------|------|
| Kenneth Merritt | 2:06.0 | 1931 |
| John Duda       | 2:04.0 | 1934 |
| Mark Nejako     | 1:59.0 | 1950 |
| Mark Nejako     | 2:00.0 | 1951 |
| Joe Ahouse      | 1:57.0 | 1970 |

## 800m (Indoors)

|               |         |      |
|---------------|---------|------|
| Mike Saparito | 1:53.19 | 2011 |
| Damien Boham  | 1:54.01 | 2015 |
| Khai Samuels  | 1:53.73 | 2017 |

## 1500m

|             |         |      |
|-------------|---------|------|
| Iuri Pinto  | 3:50.53 | 2007 |
| Iuri Pinto  | 3:52.69 | 2008 |
| Frank Fezza | 3:54.81 | 2013 |

## Mile

|                |        |      |
|----------------|--------|------|
| John Erickson  | 4:38.0 | 1936 |
| John Erickson  | 4:36.0 | 1937 |
| Bernard Bonner | 4:34.0 | 1941 |
| Bernard Bonner | 4:33.6 | 1942 |
| Mark Nejako    | 4:38.0 | 1951 |

## Mile (Indoors)

|            |         |      |
|------------|---------|------|
| Iuri Pinto | 4:12.95 | 2007 |
|------------|---------|------|

## 3000m Steeplechase

|             |        |      |
|-------------|--------|------|
| Pete Heesen | 9:14.0 | 1975 |
| Pete Heesen | 9:15.0 | 1976 |
| Pete Heesen | 9:13.0 | 1977 |

## 2 Miles

|                |         |      |
|----------------|---------|------|
| O'Connor       | 10:42.8 | 1931 |
| Bernard Bonner | 10:30.7 | 1941 |
| Bernard Bonner | 10:14.4 | 1942 |
| William Prader | 10:10.8 | 1951 |

## 6 Miles

|             |         |      |
|-------------|---------|------|
| Pete Heesen | 30:04.9 | 1976 |
|-------------|---------|------|

## 120yd Hurdles

|               |      |      |
|---------------|------|------|
| Wilber May    | 17.8 | 1930 |
| John McCarthy | 16.2 | 1948 |
| John McCarthy | 16.3 | 1949 |

## 110m Hurdles

|                |       |      |
|----------------|-------|------|
| Dale Robertson | 15.10 | 1978 |
| Rusty Smith    | 14.41 | 2009 |
| Steve Morgan   | 14.69 | 2014 |
| Steve Morgan   | 14.32 | 2015 |
| Steve Morgan   | 14.43 | 2016 |
| Steve Morgan   | 14.39 | 2017 |
| Kobe Jenkins   | 14.51 | 2023 |

## 55m Hurdles (Indoors)

|             |      |      |
|-------------|------|------|
| Rusty Smith | 7.59 | 2009 |
|-------------|------|------|

## 60m Hurdles (Indoors)

|                  |      |      |
|------------------|------|------|
| Steve Morgan     | 8.19 | 2015 |
| Steve Morgan     | 8.06 | 2017 |
| Christian Castro | 8.19 | 2018 |

## 440yds/400m Hurdles

|                |       |      |
|----------------|-------|------|
| Dale Robertson | 53.06 | 1977 |
| Dale Robertson | 53.17 | 1978 |
| Tony Sabb      | 53.35 | 1981 |
| Tony Sabb      | 52.65 | 1983 |
| Jack Goldowski | 52.24 | 1984 |
| Jack Goldowski | 52.01 | 1985 |
| Mark Stinson   | 53.19 | 2003 |

## Long Jump

|                     |           |      |
|---------------------|-----------|------|
| Arthur Heckman      | 20-6 3/4  | 1930 |
| Russ Hopewell       | 22-6 3/4  | 1961 |
| Russ Hopewell       | 23-10 1/2 | 1962 |
| Lenny Jenkins       | 23-1      | 1973 |
| Lenny Jenkins       | 23-5 1/4  | 1974 |
| Lenny Jenkins       | 24-0      | 1975 |
| Kevin Mobley        | 24-0 1/4  | 1985 |
| Evan Arnow-Perfilio | 22-10 1/2 | 1992 |
| Evan Arnow-Perfilio | 23-2      | 1993 |
| Rob Stone           | 23-3      | 1995 |
| Rob Stone           | 24-0      | 1998 |
| Andy Richard        | 22-11     | 2005 |
| Darnell Randall     | 23-6 3/4  | 2018 |
| Justin Miller       | 23-2 3/4  | 2019 |

## Long Jump (Indoors)

|                 |           |      |
|-----------------|-----------|------|
| Darnell Randall | 23-11 1/2 | 2020 |
|-----------------|-----------|------|

## Triple Jump

|                  |           |      |
|------------------|-----------|------|
| Gil Rogers       | 43-10 1/4 | 1968 |
| Lenny Jenkins    | 47-5      | 1973 |
| Lenny Jenkins    | 49-1 3/4  | 1974 |
| Lenny Jenkins    | 50-3      | 1975 |
| Carlos Forde     | 47-10     | 1985 |
| Drew Miller      | 48-5 1/2  | 2008 |
| Drew Miller      | 49-5 1/2  | 2010 |
| Donavan Anderson | 48-11 1/2 | 2023 |

## Triple Jump (Indoors)

|                  |          |      |
|------------------|----------|------|
| Drew Miller      | 48-2     | 2008 |
| Drew Miller      | 48-1 1/4 | 2009 |
| Drew Miller      | 50-1 3/4 | 2010 |
| Donavan Anderson | 49-5 1/2 | 2023 |

## High Jump

|           |         |      |
|-----------|---------|------|
| Ed Morgan | 6-0 1/4 | 1940 |
|-----------|---------|------|

|               |          |      |
|---------------|----------|------|
| Mike Newhard  | 6-10     | 2001 |
| Brad Fees     | 6-9      | 2002 |
| Seth Bailey   | 6-10 1/4 | 2013 |
| William Berry | 6-10 1/4 | 2014 |
| William Berry | 6-9 3/4  | 2015 |
| William Berry | 6-9 1/2  | 2016 |
| Carlos Pepin  | 6-7 1/2  | 2021 |
| Aaron Sanchez | 6-4 3/4  | 2024 |

## High Jump (Indoors)

|               |          |      |
|---------------|----------|------|
| Mike Newhard  | 6-9      | 2002 |
| Mike Newhard  | 6-10 1/2 | 2003 |
| Mike Newhard  | 6-9      | 2004 |
| Kyle Soden    | 6-5 1/2  | 2012 |
| Seth Bailey   | 6-9 3/4  | 2014 |
| William Berry | 6-9 3/4  | 2016 |

## Pole Vault

|               |          |      |
|---------------|----------|------|
| Arneberg      | 11-2 1/2 | 1933 |
| George DeLong | 12-0     | 1951 |
| Lenny Jenkins | 15-2     | 1974 |
| Ed Patterson  | 15-6     | 1978 |
| Dave Strain   | 15-0     | 1979 |
| Matt Foust    | 15-10    | 1990 |
| Matt Gallup   | 16-8 3/4 | 2008 |
| Matt Gallup   | 16-0 3/4 | 2009 |
| Dan Amari     | 15-10    | 2021 |

## Pole Vault (Indoors)

|             |          |      |
|-------------|----------|------|
| Matt Gallup | 15-5     | 2008 |
| Matt Gallup | 16-0 1/2 | 2009 |

## Discus

|               |           |      |
|---------------|-----------|------|
| Russ McGeehan | 158-2 3/4 | 1997 |
| Cole Gorham   | 185-7     | 2024 |

## Hammer

|             |        |      |
|-------------|--------|------|
| Paul Wagner | 179-5  | 2008 |
| Paul Wagner | 190-3  | 2009 |
| Paul Wagner | 197-0  | 2010 |
| Travis Toth | 198-11 | 2014 |
| Travis Toth | 202-5  | 2016 |

## Weight (Indoors)

|             |          |      |
|-------------|----------|------|
| Paul Wagner | 58-8 1/4 | 2008 |
| Paul Wagner | 61-4 1/4 | 2009 |
| Paul Wagner | 66-3 3/4 | 2010 |
| Travis Toth | 60-10    | 2014 |
| Travis Toth | 60-7 1/4 | 2016 |

## Shot Put

|                  |           |      |
|------------------|-----------|------|
| Whalley          | 40-1      | 1933 |
| Paul Urda        | 41-5 1/4  | 1949 |
| Charles McComsey | 41-10     | 1956 |
| Paul Ferency     | 53-10 1/2 | 1976 |
| Paul Ferency     | 56-7      | 1978 |
| Paul Ferency     | 57-5      | 1979 |
| Paul Wagner      | 51-9 1/4  | 2010 |
| Dominic Walton   | 53-1 3/4  | 2021 |

## Shot Put (Indoors)

|             |          |      |
|-------------|----------|------|
| Paul Wagner | 52-5 1/4 | 2010 |
| Cole Gorham | 58-1 1/4 | 2024 |

## Javelin

|               |        |      |
|---------------|--------|------|
| Ed Long       | 220-10 | 1971 |
| Mike Revenis  | 227-0  | 1981 |
| Mike Revenis  | 226-11 | 1982 |
| Lance Branyan | 209-7  | 1991 |
| Lance Branyan | 222-11 | 1992 |
| Josh Hontz    | 222-8  | 2011 |
| Matt Tholis   | 223-11 | 2013 |

# ESU MEN'S TRACK & FIELD PSAC CHAMPIONS

## Decathlon

|               |      |      |
|---------------|------|------|
| Lance Branyan | 5893 | 1988 |
| Greg Tymon    | 6196 | 1990 |
| Lance Branyan | 6288 | 1991 |
| Dan Johnson   | 6925 | 2012 |
| Eric Conard   | 6209 | 2015 |
| Austin Horner | 6765 | 2018 |

## Pentathlon (Indoors)

|                |      |      |
|----------------|------|------|
| Kenny Cardullo | 3534 | 2008 |
|----------------|------|------|

## Heptathlon (Indoors)

|             |      |      |
|-------------|------|------|
| Dan Johnson | 4866 | 2012 |
|-------------|------|------|

# ESU MEN'S TRACK & FIELD PSAC CHAMPIONS

## Mile/4x400m Relay

|      |                                            |         |
|------|--------------------------------------------|---------|
| 1958 | Sellers, Greenwood, Gall, Murdock          | 3:28.5  |
| 1961 | Ely, Galizio, Murdock, Hopewell            | 3:26.7  |
| 1972 | Sabol, Stohl, Renick, Morrissey            | 3:19.5  |
| 1977 | Guers, Bujalski, C Purvis, B Purvis        | 3:14.86 |
| 1979 | Burford, Palmieri, Welch, Evans            | 3:17.2  |
| 1983 | Wright, Sabb, McClanahan, Goldowski        | 3:16.63 |
| 1984 | Stuart, McClanahan, Michalec, Goldowski    | 3:20.70 |
| 1985 | Woods, Michalec, Stuart, Goldowski         | 3:17.18 |
| 1987 | Sauerwine, Hess, Stuart, Ferreira          | 3:19.73 |
| 2010 | Graham, Melhorn, Pammer, Reddick           | 3:14.29 |
| 2011 | Parker-Washington, Melhorn, Pammer, Graham | 3:13.91 |
| 2015 | Walker, Washington, D'Eliseo, Boham        | 3:14.12 |
| 2024 | Boone, Bowe, Crestwell, Charlery           | 3:14.94 |

## 4x400m Relay (Indoors)

|      |                                            |         |
|------|--------------------------------------------|---------|
| 2010 | Reddick, Melhorn, Pammer, Graham           | 3:16.39 |
| 2011 | Parker-Washington, Walker, Graham, Melhorn | 3:17.99 |
| 2013 | Parker-Washington, Berry, Boham, Saparito  | 3:17.98 |

## Multiple PSAC Championships (since 1960)

8 - Paul Wagner  
 7 - Lenny Jenkins  
 6 - Steve Morgan  
 5 - Drew Miller, Negus Graham (+4 relays)  
 4 - William Berry (+1 relay), Travis Toth, Matt Gallup, Mike Newhard, Lance Branyan, Pete Heesen  
 3 - Iuri Pinto (+3 relays), Andrew McCloskey (+2 relays), Dale Robertson (+1 relay), Paul Ferency  
 2 - Cole Gorham, Donavan Anderson, Derrick Washington (+1 relay), Damien Boham (+2 relays), Seth Bailey, Dan Johnson, Chris Reddick (+4 relays), Rusty Smith, Jack Goldowski (+2 relays), Russ Hopewell (+1 relay), Rob Stone, Evan Arnow-Perfilio, Mike Revenis, Elbert Price, Darnell Randall

## Before 1960:

3 - Bernard Bonner (Mile 1941, 2 Miles 1941-42), Mark Nejako (Mile 1950, 880 1950-51)  
 2 - Jimmy Payne (100 1931-32), John Duda (440, 880 1934), John Erickson (Mile 1936-37), John McCarthy (120 IH 1948-49), William Hillman (100, 200 1950)

## PSAC OVERALL AWARD WINNERS

|      |                  |                       |
|------|------------------|-----------------------|
| 2023 | Donavan Anderson | Indoor Freshman       |
| 2018 | Christian Castro | Indoor Track Athlete  |
| 2017 | Steve Morgan     | Outdoor Track Athlete |
| 2016 | Travis Toth      | Outdoor Field Athlete |
| 2014 | Steve Morgan     | Outdoor Freshman      |
| 2013 | Matt Tholis      | Outdoor Field Athlete |
| 2012 | Dan Johnson      | Indoor Field Athlete  |
| 2011 | Negus Graham     | Outdoor Track Athlete |
|      | Negus Graham     | Indoor Track Athlete  |
| 2010 | Negus Graham     | Outdoor Track Athlete |
|      | Chris Reddick    | Indoor Track Athlete  |
| 2009 | Joe Koch         | Outdoor Coach         |
| 2002 | Mike Newhard     | Indoor Athlete        |

## USTFCCCA ATLANTIC REGION AWARD WINNERS

### (Men + Women)

|      |                    |                             |
|------|--------------------|-----------------------------|
| 2015 | Christina O'Connor | (W) Indoor Field Athlete    |
|      | Karen Gaita        | (W) Indoor Assistant Coach  |
| 2014 | Karen Gaita        | (W) Indoor Assistant Coach  |
| 2013 | Matt Tholis        | (M) Outdoor Field Athlete   |
| 2010 | Chris Merli        | (M) Outdoor Assistant Coach |
| 2009 | Chris Merli        | (M) Outdoor Assistant Coach |

2024 Boone, Limberg, Morrison, Charlery 3:20.00

## 4x100m Relay

|      |                                            |       |
|------|--------------------------------------------|-------|
| 1978 | Harrison, Jackson, Johnson, Robertson      | 42.29 |
| 2009 | Ashfield, Reddick, McClenton, McCloskey    | 40.83 |
| 2010 | Ashfield, Melhorn, Reddick, McCloskey      | 40.79 |
| 2012 | Mercer, Parker-Washington, Fearon, Melhorn | 40.98 |
| 2018 | Monahan, Castro, D'Eliseo, Schumacher      | 41.61 |
| 2019 | Monahan, Thomas, Shaffer, Bailey           | 41.69 |

## 4x800m Relay (Indoors)

|      |                                      |         |
|------|--------------------------------------|---------|
| 2011 | M Aldeen, A Aldeen, Werley, Saparito | 7:45.11 |
|------|--------------------------------------|---------|

## Distance Medley Relay (Indoors)

|      |                                  |          |
|------|----------------------------------|----------|
| 2005 | Nesbitt, Denninger, Innis, Pinto | 10:10.37 |
| 2006 | Nesbitt, Denninger, Innis, Pinto | 10:10.96 |
| 2007 | Nesbitt, Reid, Innis, Pinto      | 10:03.18 |

## PSAC CHAMPIONSHIPS AWARD WINNERS

|      |                  |                             |
|------|------------------|-----------------------------|
| 2013 | Matt Tholis      | Field Athlete               |
| 2012 | Ian Melhorn      | Track Athlete (Indoor)      |
|      | Dan Johnson      | Field Athlete (Indoor)      |
| 2011 | Negus Graham     | MVP, Track Athlete          |
|      | Negus Graham     | MVP, Track Athlete (Indoor) |
| 2010 | Paul Wagner      | MVP, Field Athlete          |
|      | Negus Graham     | Track Athlete               |
| 2010 | Chris Reddick    | MVP, Track Athlete (Indoor) |
| 2009 | Andrew McCloskey | MVP, Track Athlete          |
|      | Chris Reddick    | Track Athlete (Indoor)      |
| 2008 | Paul Wagner      | Field Athlete               |
|      |                  | Field Athlete (Indoor)      |
| 1995 | Rob Stone        | Field Athlete               |
| 1991 | Lance Branyan    | Field Athlete               |
| 1982 | Mike Revenis     | Field Athlete               |
| 1979 | Paul Ferency     | Field Athlete               |
| 1978 | Paul Ferency     | MVP, Field Athlete          |
| 1975 | Lenny Jenkins    | MVP                         |
| 1974 | Lenny Jenkins    | Field Athlete               |

# ECAC INDOOR CHAMPIONS (before 2002)

|               |         |      |                     |           |      |                   |          |      |
|---------------|---------|------|---------------------|-----------|------|-------------------|----------|------|
| <b>55m</b>    |         |      | <b>Long Jump</b>    |           |      | <b>Shot Put</b>   |          |      |
| Joe Pawloski  | 6.51    | 1997 | Evan Arnow-Perfilio | 23-0 1/2  | 1993 | Russ McGeehan     | 48-1 1/2 | 1995 |
| Charles Clark | 6.51    | 1998 | Rob Stone           | 23-1 1/4  | 1994 | <b>Weight</b>     |          |      |
| <b>500m</b>   |         |      | Rob Stone           | 23-0      | 1995 | Russ McGeehan     | 55-0 1/2 | 1997 |
| Ray Pieretti  | 1:06.6  | 1990 | Rob Stone           | 23-3 1/2  | 1996 | <b>Pentathlon</b> |          |      |
| <b>1000m</b>  |         |      | Rob Stone           | 23-11 1/2 | 1998 | Greg Tymon        | 3417     | 1990 |
| Bob Trembley  | 2:31.6  | 1989 | <b>Triple Jump</b>  |           |      | Lance Branyan     | 3057     | 1991 |
| Shawn Strohm  | 2:32.7  | 1997 | John Pressler       | 45-0 1/2  | 1993 |                   |          |      |
| <b>1500m</b>  |         |      | John Pressler       | 47-5 1/4  | 1994 |                   |          |      |
| Martin Brans  | 3:59.0  | 1989 | Rob Stone           | 45-0 3/4  | 1995 |                   |          |      |
| Martin Brans  | 3:54.5  | 1990 | Russ Holmes         | 46-11 1/2 | 1998 |                   |          |      |
| <b>3000m</b>  |         |      | Russ Holmes         | 48-2      | 1999 |                   |          |      |
| Jim Lauck     | 8:43.1  | 1988 | <b>High Jump</b>    |           |      |                   |          |      |
| Jim Lauck     | 8:34.4  | 1989 | Jeff Heal           | 6-7       | 1993 |                   |          |      |
| <b>5000m</b>  |         |      | Brad Fees           | 6-8 3/4   | 2001 |                   |          |      |
| Seth Kuchar   | 15:16.7 | 1994 | <b>Pole Vault</b>   |           |      |                   |          |      |
| Seth Kuchar   | 15:07.4 | 1996 | Matt Foust          | 15-1      | 1990 |                   |          |      |
| Matt Stohl    | 14:59.6 | 2000 | Randy Smargiassi    | 14-6      | 1993 |                   |          |      |

## PSAC Championships - Men

|      | Indoor    | Outdoor   |
|------|-----------|-----------|
| 1971 |           | 7th 34    |
| 1972 |           | 5th 44    |
| 1973 |           | 4th 64    |
| 1974 |           | 3rd 38.5  |
| 1975 |           | 6th 48    |
| 1976 |           | 2nd 111.6 |
| 1977 |           | 3rd 90    |
| 1978 |           | 2nd 116   |
| 1979 |           | 2nd 101   |
| 1980 |           | 3rd 79    |
| 1981 |           | 6th 46    |
| 1982 |           | 3rd 71.5  |
| 1983 |           | 7th 41    |
| 1984 |           | 4th 56    |
| 1985 |           | 3rd 88    |
| 1986 |           | 7th 24.33 |
| 1987 |           | 6th 49    |
| 1988 |           | t-6th 32  |
| 1989 |           | 6th 42.5  |
| 1990 |           | 5th 57    |
| 1991 |           | 7th 47.33 |
| 1992 |           | 4th 58    |
| 1993 |           | 9th 34    |
| 1994 |           | 7th 35    |
| 1995 |           | 5th 45    |
| 1996 |           | 6th 64    |
| 1997 |           | 7th 34    |
| 1998 |           | 8th 34    |
| 1999 |           | 8th 26    |
| 2000 |           | 10th 20   |
| 2001 |           | 7th 51    |
| 2002 | 4th 62    | 7th 38    |
| 2003 | 6th 55    | 8th 35    |
| 2004 | 6th 32    | 8th 33    |
| 2005 | 5th 50    | 6th 45    |
| 2006 | 5th 56    | 6th 51    |
| 2007 | 3rd 82    | 4th 94.5  |
| 2008 | 3rd 100   | 5th 89    |
| 2009 | 3rd 120   | 2nd 137   |
| 2010 | 2nd 134.5 | 2nd 159.5 |
| 2011 | 3rd 102.5 | 2nd 111   |
| 2012 | 4th 72    | 4th 100   |
| 2013 | 2nd 119.5 | 3rd 120.5 |
| 2014 | 2nd 109   | 2nd 104   |
| 2015 | 4th 75    | 3rd 117   |
| 2016 | 3rd 70    | 3rd 109   |
| 2017 | 3rd 78    | 3rd 77    |
| 2018 | 3rd 70    | 3rd 84    |
| 2019 | 2nd 98    | 3rd 86    |
| 2020 | 2nd 123.5 |           |
| 2021 |           | 2nd 106.5 |
| 2022 | 3rd 76    | 3rd 104.5 |
| 2023 | 3rd 73.5  | 3rd 113   |
| 2024 | 3rd 92    | 3rd 139.5 |

## PSAC Championships - Women

|      | Indoor    | Outdoor   |
|------|-----------|-----------|
| 1979 |           | 2nd 123.5 |
| 1980 |           | 2nd 98    |
| 1981 |           | 3rd 72.5  |
| 1982 |           | 2nd 112   |
| 1983 |           | 11th 9    |
| 1984 |           | 12th 5    |
| 1985 |           | 11th 16   |
| 1986 |           | 7th 16    |
| 1987 |           | 10th 21   |
| 1988 |           | 7th 38    |
| 1989 |           | 7th 31    |
| 1990 |           | 7th 42    |
| 1991 |           | 5th 68.75 |
| 1992 |           | 3rd 81.5  |
| 1993 |           | 6th 60    |
| 1994 |           | 4th 74.33 |
| 1995 |           | 7th 44    |
| 1996 |           | 5th 59    |
| 1997 |           | 10th 13   |
| 1998 |           | 5th 60    |
| 1999 |           | 3th 79    |
| 2000 |           | 4th 81    |
| 2001 |           | 3rd 85    |
| 2002 | 7th 48    | 8th 34    |
| 2003 | 3rd 78    | 8th 33.17 |
| 2004 | 2nd 79    | 4th 76    |
| 2005 | 3rd 69    | 6th 65    |
| 2006 | 7th 48    | 8th 49.5  |
| 2007 | 4th 72    | t-4th 81  |
| 2008 | 5th 65    | 5th 71.5  |
| 2009 | 6th 41    | 5th 79.5  |
| 2010 | 3rd 80.75 | 4th 97    |
| 2011 | 5th 64    | 4th 73.5  |
| 2012 | 3rd 67    | 2nd 101.5 |
| 2013 | 4th 83    | 5th 77    |
| 2014 | 2nd 86.5  | 7th 60    |
| 2015 | 7th 51    | 6th 62    |
| 2016 | 9th 32    | 7th 56    |
| 2017 | 5th 53    | 8th 50.5  |
| 2018 | 3rd 66    | t-7th 58  |
| 2019 | 4th 70    | 4th 87    |
| 2020 | 7th 51.5  |           |
| 2021 |           | 10th 47.5 |
| 2022 | 9th 40    | t-7th 61  |
| 2023 | 5th 58    | 5th 72    |
| 2024 | 5th 56.5  | 9th 32    |

### Other top finishes:

2nd - 1956 (25.75), 1951 (44.75), 1935 (20), 1934 (17), 1933 (20.25)  
 3rd - 1950 (37.5), 1949 (36.25), 1932 (19), 1930 (24), 1929 (14)

# ESU MEN'S INDOOR TRACK & FIELD TOP 10

## 55m/60yd

|                           |             |             |
|---------------------------|-------------|-------------|
| 1. Andrew McCloskey       | 6.41        | 2010        |
| 2. Christian Castro       | 6.42        | 2018        |
| Matt Henderson            | 6.42        | 2005        |
| 4. Ben Kizer              | 6.44        | 1970        |
| 5. Pat Monahan            | 6.50        | 2017        |
| <b>6. Miguel Charlery</b> | <b>6.51</b> | <b>2024</b> |
| Doug Joseph               | 6.51        | 2003        |
| Joe Pawloski              | 6.51        | 1997        |
| Charles Clark             | 6.51        | 1988        |
| 10. Chris Morrison        | 6.52        | 1993        |
| Manuel Ferreira           | 6.52        | 1989        |

## 60m

|                             |             |             |
|-----------------------------|-------------|-------------|
| <b>1. Miguel Charlery</b>   | <b>6.93</b> | <b>2024</b> |
| 2. Pat Monahan              | 6.97        | 2019        |
| 3. Christian Castro         | 6.98        | 2018        |
| <b>4. Tyler Boone</b>       | <b>7.00</b> | <b>2024</b> |
| Ian Melhorn                 | 7.00        | 2012        |
| Brendan Shaffer             | 7.00        | 2019        |
| 7. Asher Ashfield           | 7.01        | 2011        |
| 8. Brandon Mercer           | 7.02        | 2012        |
| Donavan Anderson            | 7.02        | 2023        |
| <b>10. Bryson Gilchrist</b> | <b>7.06</b> | <b>2025</b> |
| (-- Mark Stinson            | 7.13        | 2002)       |
| (-- Steve Gambone           | 7.18        | 2000)       |
| (-- Chadd Braine            | 7.22        | 1999)       |

## 200m/220 yd

|                           |                |             |
|---------------------------|----------------|-------------|
| 1. Chris Reddick          | 21.24 o        | 2010        |
| 2. Negus Graham           | 21.83 o        | 2011        |
| 3. Ian Melhorn            | 21.89          | 2012        |
| 4. Jalen Bailey           | 22.04          | 2019        |
| <b>5. Miguel Charlery</b> | <b>22.05</b>   | <b>2024</b> |
| Christian Castro          | 22.05          | 2018        |
| <b>7. Tyler Boone</b>     | <b>22.12 b</b> | <b>2025</b> |
| 8. Raul Esteves           | 22.25          | 2023        |
| Keith Parker-Washington   | 22.25 o        | 2013        |
| 10. Andrew McCloskey      | 22.27          | 2009        |
| (-- Joe Pawloski          | 22.60          | 1997        |
| (-- Evan Arnow-Perfilio   | 22.71          | 1993        |

## 300yd

|                    |       |      |
|--------------------|-------|------|
| 1. Manuel Ferreira | 31.6  | 1989 |
| 2. Ben Kizer       | 31.8  | 1970 |
| 3. Matt Henderson  | 32.34 | 2005 |
| 4. Dale Robertson  | 32.2  | 1978 |
| Mark Stinson       | 32.2  | 2002 |
| 6. Don Ford        | 32.4  | 1974 |
| 7. Scott Shelby    | 32.5  | 1980 |
| Chuck Dente        | 32.5  | 1980 |
| 9. Woodrow Johnson | 32.6  | 1978 |
| 10. Ed Guers       | 32.7  | 1976 |

## 300m

|                             |              |             |
|-----------------------------|--------------|-------------|
| 1. Negus Graham             | 34.42        | 2011        |
| 2. Ian Melhorn              | 34.98        | 2012        |
| 3. Manuel Ferreira          | 35.10        | 1989        |
| 4. Mark Stinson             | 36.08        | 2003        |
| 5. Derrick Washington       | 36.47        | 2012        |
| 6. Brett Yeomans            | 36.53        | 2012        |
| 7. Scott Shelby             | 36.55        | 1988        |
| <b>8. Ragiariiki Lewis</b>  | <b>36.66</b> | <b>2024</b> |
| 9. Joshua Rand              | 36.67        | 2024        |
| 10. Keith Parker-Washington | 36.86        | 2011        |

## 400m/440yd\*

|                          |              |             |
|--------------------------|--------------|-------------|
| 1. Negus Graham          | 47.37 b      | 2010        |
| 2. Chris Reddick         | 48.15 o      | 2010        |
| <b>3. Tyler Boone</b>    | <b>48.51</b> | <b>2023</b> |
| 4. Damien Boham          | 48.99        | 2014        |
| 5. Derrick Washington    | 49.27 o      | 2016        |
| 6. Ronald D'Eliseo       | 49.46 b      | 2017        |
| 7. Ed Kiser              | 49.49        | 2008        |
| 8. Manuel Ferreira       | 49.58        | 1990        |
| <b>9. Renaco Limberg</b> | <b>49.59</b> | <b>2024</b> |
| 10. Robert Garvey        | 49.72 o      | 2017        |
| (-- Jack Goldowski       | 50.24*       | 1982)       |

## 500m

|                        |                |             |
|------------------------|----------------|-------------|
| 1. Damien Boham        | 1:04.90 b      | 2014        |
| <b>2. Tyler Boone</b>  | <b>1:05.10</b> | <b>2025</b> |
| 3. Negus Graham        | 1:05.38        | 2011        |
| 4. Mike Saparito       | 1:05.56        | 2013        |
| 5. Christopher Walker  | 1:06.06 b      | 2011        |
| 6. Mark Stinson        | 1:06.10        | 2003        |
| <b>7. Mark Jackson</b> | <b>1:06.43</b> | <b>2025</b> |
| 8. Tom Toth            | 1:06.44        | 1995        |
| 9. Ray Pieretti        | 1:06.60        | 1990        |
| 10. Andrew Schumacher  | 1:06.82        | 2018        |

## 600yd

|                     |        |      |
|---------------------|--------|------|
| 1. Joe Ahouse       | 1:12.3 | 1970 |
| 2. Brian McClanahan | 1:12.7 | 1985 |
| 3. Glenn Renick     | 1:14.0 | 1972 |
| 4. Dale Evans       | 1:14.5 | 1979 |
| Bob Thomas          | 1:14.5 | 1973 |
| 6. Bill Stohl       | 1:14.6 | 1970 |
| 7. Dennis Morrissey | 1:14.7 | 1970 |
| 8. Jack Sabol       | 1:14.8 | 1972 |
| 9. Pete Sarro       | 1:15.5 | 1998 |
| 10. Dan Garibaldi   | 1:16.2 | 2000 |

## 600m

|                      |         |      |
|----------------------|---------|------|
| 1. Damien Boham      | 1:21.67 | 2015 |
| 2. Khai Samuels      | 1:22.48 | 2019 |
| 3. Jared Glosser     | 1:24.70 | 2016 |
| 4. Alejandro Paez    | 1:25.30 | 2023 |
| 5. Colin Crosbie     | 1:25.31 | 2020 |
| 6. George Fair       | 1:25.44 | 1990 |
| 7. Sean Halligan     | 1:25.88 | 2015 |
| 8. Eli Mercado       | 1:26.06 | 2015 |
| 9. Andrew Schumacher | 1:26.18 | 2018 |
| 10. Sean Halligan    | 1:26.45 | 2016 |

## 800m/880yd\*

|                     |                |             |
|---------------------|----------------|-------------|
| 1. Mike Saparito    | 1:53.19 o      | 2011        |
| 2. Khai Samuels     | 1:53.73 o      | 2017        |
| 3. Damien Boham     | 1:54.01 o      | 2015        |
| 4. Brian McClanahan | 1:54.94*       | 1984        |
| 5. Pete Sarro       | 1:55.72 b      | 2000        |
| 6. Travis Pregnar   | 1:56.20        | 2007        |
| <b>7. Tim Gale</b>  | <b>1:56.24</b> | <b>2024</b> |
| Martin Brans        | 1:56.24        | 1991        |
| 9. Austyn Hamilton  | 1:56.49 o      | 2022        |
| 10. Shawn Strohm    | 1:56.66 b      | 2000        |
| (-- Bob Thomas      | 1:57.14*       | 1974        |

## 1000yd

|                  |         |      |
|------------------|---------|------|
| 1. Jack Sabol    | 2:14.10 | 1972 |
| 2. Jeff Appel    | 2:14.50 | 1985 |
| 3. Mike Keim     | 2:16.37 | 1982 |
| 4. Jim Alexander | 2:16.60 | 1980 |
| 5. Mike Lelko    | 2:16.71 | 1979 |
| 6. Bob Thomas    | 2:17.30 | 1974 |
| 7. Pete Sarro    | 2:18.74 | 2000 |

## 1000m

|                  |         |      |
|------------------|---------|------|
| 1. Martin Brans  | 2:29.99 | 1991 |
| 2. Shawn Strohm  | 2:30.27 | 2000 |
| 3. Iuri Pinto    | 2:30.56 | 2008 |
| 4. Bob Tremblay  | 2:31.63 | 1989 |
| 5. Mike Saparito | 2:32.26 | 2011 |
| 6. Brent Watkins | 2:32.64 | 1995 |
| 7. Chris Heinz   | 2:32.74 | 1990 |
| 8. Khai Samuels  | 2:32.80 | 2018 |
| 9. Frank Fezza   | 2:32.90 | 2012 |
| 10. Frank Pucher | 2:32.94 | 1992 |

## 1500m

|                  |           |      |
|------------------|-----------|------|
| 1. Martin Brans  | 3:54.49   | 1990 |
| 2. Jeff Appel    | 4:01.77   | 1985 |
| 3. Frank Pucher  | 4:02.44   | 1992 |
| 4. Bob Tremblay  | 4:02.55   | 1987 |
| 5. Mike Loenser  | 4:03.48 b | 2004 |
| 6. Brent Watkins | 4:09.94   | 1995 |
| 7. Ray Hoffman   | 4:05.14   | 1994 |
| 8. Chris Heinz   | 4:05.34   | 1990 |
| 9. Drew Nesbitt  | 4:06.91 b | 2004 |
| 10. Matt Hemmer  | 4:09.00   | 1996 |

## Mile

|                  |           |      |
|------------------|-----------|------|
| 1. Martin Brans  | 4:09.30 b | 1991 |
| 2. Iuri Pinto    | 4:10.83 b | 2008 |
| 3. Drew Nesbitt  | 4:15.36 b | 2007 |
| 4. Frank Fezza   | 4:15.59   | 2010 |
| 5. Tom Rogers    | 4:15.74   | 1983 |
| 6. Amr Aldeen    | 4:15.86 o | 2011 |
| 7. Pete Heesen   | 4:16.14   | 1976 |
| 8. Brian Wallace | 4:15.58   | 1982 |
| 9. Steve Ruch    | 4:17.26   | 2014 |
| 10. Jim Lauck    | 4:18.64   | 1989 |

## 3000m

|                    |           |      |
|--------------------|-----------|------|
| 1. Frank Fezza     | 8:30.45 o | 2010 |
| 2. Jim Lauck       | 8:34.54   | 1989 |
| 3. Chris Schneider | 8:35.95 o | 2013 |
| 4. Martin Brans    | 8:36.82   | 1989 |
| 5. Alec Lederer    | 8:38.40 o | 2017 |
| 6. Drew Nesbitt    | 8:38.85   | 2007 |
| 7. Iuri Pinto      | 8:42.17   | 2007 |
| 8. Mike Loenser    | 8:42.32   | 2004 |
| 9. Steve Ruch      | 8:43.88 b | 2014 |
| 10. Seth Kuchar    | 8:44.94   | 1996 |

**b = banked track**

**o = oversized track**

**Names listed outside Top 10 are former ESU record holders**

**Records current through 2024**

# ESU MEN'S INDOOR TRACK & FIELD TOP 10

## 2 Mile

|                  |        |      |
|------------------|--------|------|
| 1. Pete Heesen   | 8:55.0 | 1976 |
| 2. Bob Orazem    | 9:05.5 | 1979 |
| 3. Brian Wallace | 9:17.1 | 1984 |
| 4. Ken Rolek     | 9:17.9 | 1982 |
| 5. Mark Gerber   | 9:18.5 | 1987 |
| 6. Steve Monick  | 9:19.7 | 1980 |

## 3 Mile

|                  |         |      |
|------------------|---------|------|
| 1. Pete Heesen   | 13:48.4 | 1976 |
| 2. Bob Stanaback | 14:17.2 | 1982 |
| 3. Sam Bruce     | 14:26.2 | 1980 |
| 4. Mike Hall     | 14:30.3 | 1979 |
| 5. Mark Gerber   | 14:31.4 | 1985 |
| 6. Steve Montick | 14:37.5 | 1984 |
| 7. Greg Hunt     | 14:41.1 | 1983 |

## 5000m

|                    |            |       |
|--------------------|------------|-------|
| 1. Iuri Pinto      | 14:47.90 b | 2007  |
| 2. Matt Stohl      | 14:52.66 b | 2000  |
| 3. Chris Schneider | 14:56.28 b | 2014  |
| 4. Jim Lauck       | 14:59.50   | 1988  |
| 5. Darryl Brown    | 14:59.91 b | 2003  |
| 6. Alec Lederer    | 15:03.91 o | 2017  |
| 7. Seth Kuchar     | 15:05.14   | 1996  |
| 8. Roger Cohen     | 15:06.94   | 1991  |
| 9. Frank Fezza     | 15:09.34 o | 2013  |
| 10. Bill Farquhar  | 15:10.34   | 1989  |
| (---. Mark Gerber  | 15:18.31   | 1987) |

## 55m/60yd Hurdles

|                     |      |           |
|---------------------|------|-----------|
| 1. Rusty Smith      | 7.51 | 2008      |
| 2. Christian Castro | 7.54 | 2018      |
| 3. Steve Morgan     | 7.59 | 2015/2016 |
| 4. Michael Rucker   | 7.64 | 2005      |
| 5. Jalen Bailey     | 7.70 | 2020      |
| 6. Mike Schweizer   | 7.74 | 1987      |
| Dale Robertson      | 7.74 | 1978      |
| 8. Akeim Thomas     | 7.75 | 2016      |
| Ronald D'Eliseo     | 7.75 | 2015      |
| 10. Cory Young      | 7.77 | 2011      |

## 60m Hurdles

|                     |      |       |
|---------------------|------|-------|
| 1. Rusty Smith      | 8.04 | 2008  |
| 2. Steve Morgan     | 8.05 | 2017  |
| 3. Christian Castro | 8.06 | 2018  |
| 4. Akeim Thomas     | 8.13 | 2016  |
| 5. Jalen Bailey     | 8.20 | 2019  |
| 6. Cory Young       | 8.23 | 2011  |
| 7. Ronald D'Eliseo  | 8.33 | 2015  |
| 8. Kobe Jenkins     | 8.34 | 2024  |
| 9. Kyle Soden       | 8.37 | 2010  |
| 10. Adam Robertino  | 8.38 | 2016  |
| (--. Mike Newhard   | 8.67 | 2002) |

## Long Jump

|                        |                 |             |
|------------------------|-----------------|-------------|
| 1. Donavan Anderson    | 24-5            | 2023        |
| 2. Rob Stone           | 24-4 1/4        | 1996        |
| 3. Darnell Randall     | 24-0 1/4        | 2019        |
| 4. Kevin Mobley        | 23-8            | 1985        |
| Mark Stinson           | 23-8            | 2002        |
| 6. Evan Arnow-Perfilio | 23-7 3/4        | 1993        |
| <b>7. John Gorham</b>  | <b>23-6 3/4</b> | <b>2024</b> |
| 8. Justin Miller       | 23-6            | 2020        |
| 9. Drew Miller         | 23-3 1/4        | 2010        |
| 10. Zach Dillon        | 23-1 3/4        | 2015        |

## Triple Jump

|                         |                 |             |
|-------------------------|-----------------|-------------|
| 1. Lenny Jenkins        | 50-4 1/4        | 1975        |
| 2. Drew Miller          | 50-1 3/4        | 2010        |
| 3. Donavan Anderson     | 49-8 1/2        | 2023        |
| 4. Justin Miller        | 49-5 1/2        | 2020        |
| 5. Russ Holmes          | 48-2 1/2        | 1999        |
| <b>6. Jaden Johnson</b> | <b>48-1 3/4</b> | <b>2024</b> |
| 7. Donovan Tolbert      | 48-0            | 2013        |
| 8. Brandon Hillman      | 47-8            | 2009        |
| 9. John Pressler        | 47-5 1/4        | 1994        |
| 10. Rob Stone           | 46-10           | 1996        |

## High Jump

|                         |                |             |
|-------------------------|----------------|-------------|
| 1. William Berry        | 7-0 1/2        | 2016        |
| 2. Seth Bailey          | 6-11 3/4       | 2014        |
| 3. Mike Newhard         | 6-10 1/2       | 2002/03     |
| Brad Fees               | 6-10 1/2       | 2003        |
| 5. Toby Virgil          | 6-10 1/4       | 1982        |
| <b>6. Aaron Sanchez</b> | <b>6-9 1/2</b> | <b>2025</b> |
| <b>7. Drew Domurat</b>  | <b>6-9</b>     | <b>2024</b> |
| Ryan Kramer             | 6-9            | 2007        |
| Gary Guzzi              | 6-9            | 1976        |
| 10. Darnell Randall     | 6-8 3/4        | 2020        |
| Kyle Soden              | 6-8 3/4        | 2012        |
| 11. Dan Johnson         | 6-8            | 2009        |
| Jeff Heal               | 6-8            | 1993        |
| Kevin Mobley            | 6-8            | 1985        |
| Rich Strisofsky         | 6-8            | 1984        |
| Bob Radimer             | 6-8            | 1977        |

## Pole Vault

|                          |                 |             |
|--------------------------|-----------------|-------------|
| 1. Matthew Gallup        | 16-2 3/4        | 2010        |
| <b>2. Taylor Labarre</b> | <b>15-9</b>     | <b>2025</b> |
| 3. Grant Fox             | 15-6 1/4        | 2020        |
| 4. Dan Amari             | 15-5            | 2020        |
| Doug Springer            | 15-5            | 2003        |
| 6. Matt Faust            | 15-4 1/2        | 1991        |
| 7. Dave Strein           | 15-4            | 1979        |
| 8. Brian Holkovic        | 15-3            | 2002        |
| <b>9. Chris Costa</b>    | <b>15-1 1/2</b> | <b>2024</b> |
| 10. James Homola         | 15-0            | 2011        |
| Mike Rothrock            | 15-0            | 1978        |
| Ed Patterson             | 15-0            | 1978        |
| (--. Gene Roan           | 14-6            | 1977)       |
| (--. Lenny Jenkins       | 14-6            | 1974)       |

## Shot Put

|                        |                  |             |
|------------------------|------------------|-------------|
| <b>1. Cole Gorham</b>  | <b>58-11 1/4</b> | <b>2025</b> |
| Paul Ferency           | 58-1 1/4         | 1979        |
| 3. Dominic Walton      | 57-6 1/2         | 2020        |
| <b>4. Anthony Voto</b> | <b>54-11 1/4</b> | <b>2025</b> |
| 5. Russ McGeehan       | 52-8 1/4         | 1995        |
| 6. Paul Wagner         | 52-5 1/4         | 2010        |
| 7. Noah Lockwood       | 51-9             | 2020        |
| <b>8. Will Mattei</b>  | <b>51-4 1/2</b>  | <b>2024</b> |
| 9. Jeremy Burger       | 51-0 3/4         | 2007        |
| 10. Mike Smith         | 51-0             | 2015        |
| (--. Tom Kline         | 48-2 1/2         | 1976)       |

## Weight Throw

|                        |                 |             |
|------------------------|-----------------|-------------|
| 1. Paul Wagner         | 66-3 3/4        | 2010        |
| 2. Travis Toth         | 63-7 3/4        | 2014        |
| <b>3. Anthony Voto</b> | <b>62-2 1/2</b> | <b>2025</b> |
| 4. Dominic Walton      | 58-10 1/4       | 2020        |
| 5. Mike Smith          | 58-8            | 2014        |
| 6. Russ McGeehan       | 58-1            | 1997        |
| 7. Daryn Blackwell     | 56-6            | 2023        |
| 8. Isaac Almoney       | 56-0 1/2        | 2023        |
| 9. Jeremy Burger       | 53-6 1/2        | 2007        |
| 10. Jon Hummel         | 51-1            | 2019        |
| (---. John Jacobson    | 48-4            | 1991)       |

## Heptathlon

|                    |      |      |
|--------------------|------|------|
| 1. Austin Horner   | 4926 | 2018 |
| 2. Dan Johnson     | 4866 | 2012 |
| 3. Caleb Carney    | 4701 | 2023 |
| 4. Garth Estadt    | 4594 | 2019 |
| 5. Colin Feeney    | 4535 | 2010 |
| 6. Daniel Daley    | 4456 | 2022 |
| 7. Eric Conard     | 4455 | 2015 |
| 8. John Alston     | 4389 | 2014 |
| 9. Andrew Sloves   | 4249 | 2013 |
| 10. Eric Kryzaniak | 4152 | 2019 |

## Pentathlon

|                      |      |      |
|----------------------|------|------|
| 1. Kenny Cardullo    | 3534 | 2008 |
| 2. Greg Tymon        | 3512 | 1992 |
| 3. Mike Feliciani    | 3368 | 1996 |
| 4. Vinny Lipari      | 3328 | 1996 |
| 5. Mike Gulick       | 3290 | 1994 |
| 6. Anthony Scannella | 3257 | 2008 |
| 7. Garth Estadt      | 3255 | 2019 |
| 8. Mike Olsen        | 3247 | 1982 |
| 9. Todd Breiner      | 3172 | 2005 |
| 10. Dan Benner       | 3162 | 2006 |

# ESU MEN'S INDOOR TRACK & FIELD TOP 10

## 4x200m/4x220yd Relay

|             |                                            |      |
|-------------|--------------------------------------------|------|
| 1. 1:29.09  | Reddick, Melhorn, Graham, Smith            | 2010 |
| 2. 1:30.55  | McClenton, Prudente, Kiser, McCloskey      | 2008 |
| 3. 1:30.66  | Melhorn, Pammer, Graham, Ashfield          | 2011 |
| 4. 1:30.73  | Castro, Simonson, Slocombe, Monahan        | 2018 |
| 5. 1:30.88  | McClenton, Reddick, Smith, McCloskey       | 2009 |
| 6. 1:31.16  | Morgan, Rickard, Berry, Parker-Washington  | 2014 |
| 7. 1:31.19  | Bailey, Bari, Barton, Shaffer              | 2019 |
| 8. 1:31.44  | D'Eliseo, Garvey, Morgan, Pendleton        | 2017 |
| 9. 1:31.46  | Denninger, Newhard, Kercher, Reid          | 2004 |
| 10. 1:31.59 | Parker-Washington, Berry, Rickard, Yeomans | 2013 |

## 4x400m/4x440yd Relay

|                |                                               |      |
|----------------|-----------------------------------------------|------|
| 1. 3:15.74 b   | Reddick, Melhorn, Pammer, Graham              | 2010 |
| 2. 3:16.05     | Limberg, Charlery, Morrison, Boone            | 2024 |
| 3. 3:16.97 o   | Parker-Washington, Melhorn, Washington, Boham | 2012 |
| 4. 3:17.98 o   | Parker-Washington, Berry, Boham, Saparito     | 2013 |
| 5. 3:17.99 o   | Parker-Washington, Pammer, Graham, Melhorn    | 2011 |
| 6. 3:18.28     | Boham, D'Eliseo, Gaetan, Parker-Washington    | 2014 |
| 7. 3:18.68 b   | Walker, Garvey, Thomas, Washington            | 2016 |
| 8. 3:19.06     | Limberg, Crestwell, Morrison, Boone           | 2024 |
| 3:19.06        | Bari, Crosbie, Schumacher, Roberts            | 2019 |
| 10. 3:19.51 o  | Schumacher, Del Popolo, Garvey, Thomas        | 2017 |
| --. 3:24.08 yd | Michalec, Stuart, McClanahan, Goldowski       | 1985 |
| --. 3:24.24 yd | Robertson, Bujalski, C Purvis, B Purvis       | 1977 |
| 3:24.24 yd     | Guers, Gorman, C Purvis, B Purvis             | 1976 |
| --. 3:23.54    | Michalec, Sabb, McClanahan, Goldowski         | 1982 |

## 4x800m/4x880yd Relay

|                 |                                        |      |
|-----------------|----------------------------------------|------|
| 1. 7:45.11 o    | M Aldeen, A Aldeen, Werley, Saparito   | 2011 |
| 2. 7:49.49 o    | Mobley, Boham, Schneider, Saparito     | 2013 |
| 3. 7:50.11 o    | Saparito, Janssen, Sweet, Fezza        | 2010 |
| 4. 7:50.91      | Loenser, Nesbitt, Innis, Dawson        | 2004 |
| 5. 7:50.97      | Donio, Strohm, Stohl, Starro           | 2000 |
| 6. 7:52.62      | Crosbie, Cruise, Reisenweaver, Samuels | 2019 |
| 7. 7:52.99      | Aldeen, Boham, Ruch, Schneider         | 2014 |
| 8. 7:55.04 yd   | Morrissy, Stohl, Renick, Sabol         | 1971 |
| 9. 7:53.88      | Strohm, Sarro, Hemmer, Carvell         | 1997 |
| 10. 7:54.25 o   | Glosser, Lopez, Sheptuk, Samuels       | 2017 |
| (--. 7:58.54 yd | Evans, Werley, Alexander, Lelko        | 1979 |

## Distance Medley Relay

|                 |                                       |      |
|-----------------|---------------------------------------|------|
| 1. 10:03.18     | Nesbitt, Reid, Innis, Pinto           | 2007 |
| 2. 10:07.64     | McClanahan, Goldowski, Appel, Wallace | 1984 |
| 3. 10:10.37     | Nesbitt, Denninger, Innis, Pinto      | 2005 |
| 4. 10:10.60 b   | Saparito, Graham, M Aldeen, A Aldeen  | 2011 |
| 5. 10:12.44 o   | Saparito, Berry, Aldeen, Fezza        | 2013 |
| 6. 10:12.45 b   | Saparito, M Aldeen, Janssen, Fezza    | 2010 |
| 7. 10:15.02 o   | Janssen, Walker, Boham, Fezza         | 2012 |
| 8. 10:20.18     | Strohm, Matulevich, Sarro, Hemmer     | 1999 |
| 9. 10:22.64     | Loenser, Denninger, Bevan, Brown      | 2003 |
| 10. 10:26.05 b  | Samuels, Schumacher, Cruise, Sheptuk  | 2018 |
| 11. 10:26.89    | Crestwell, Valdevit, McGarrity, Paez  | 2022 |
| 12. 10:27.84 yd | Stohl, Dedmon, Vance, Briner          | 1972 |
|                 | Stohl, Dedmon, Morrissy, Vance        | 1972 |
| 14. 10:28.54 yd | Gillespie, Kroegar, Vance, Briner     | 1973 |

## Shuttle Hurdle Relay

|          |                                         |      |
|----------|-----------------------------------------|------|
| 1. 30.54 | Youngblood, Torbik, McKenzie, Gilchrist | 1980 |
| 2. 31.52 | Lipari, Roberts, Feliciani, Hayne       | 1996 |
| 3. 32.34 | Schweizer, Goode, Hartman, Magolon      | 1987 |
| 4. 32.64 | Gulick, Heal, Pressler, Manni           | 1994 |
| 5. 33.04 | Falk, Hartman, Shewack, Shafer          | 1984 |

## Sprint Medley Relay

|              |                                      |      |
|--------------|--------------------------------------|------|
| 1. 3:37.54 b | Denninger, Kercher, Billet, Dawson   | 2004 |
| 2. 3:43.74   | McCaskill, B Gonzales, Walker, Locke | 1987 |
| 3. 3:46.04 b | Lebo, Fronk, Macksoud, Innis         | 2004 |
| 4. 3:54.84   | Bennett, Mulhauser, Pieretti, Aston  | 1990 |

# ESU MEN'S INDOOR TRACK & FIELD FRESHMAN RECORDS

|                 |                                           |                     |                     |
|-----------------|-------------------------------------------|---------------------|---------------------|
| 55m             | Matt Henderson                            | 6.42                | 2004                |
| 60m             | Brendan Shaffer                           | 7.00                | 2019                |
| 200m            | Jalen Bailey                              | 22.06               | 2019                |
| 300yd           | Matt Henderson                            | 32.34               | 2004                |
| 300m            | Derrick Washington                        | 36.47               | 2012                |
| 400m            | Ed Kiser                                  | 49.49               | 2008                |
| 500m            | Christopher Walker                        | 1:06.06             | 2011                |
| 600yd           | Dave Evans                                | 1:14.64             | 1979                |
| 600m            | Zandrew Bowe                              | 1:28.12             | 2020                |
| 800yd           | Brian McClanahan                          | 1:57.34             | 1982                |
| 800m            | Mike Saparito                             | 1:55.73             | 2010                |
| 1000yd          | Neil Laden                                | 2:18.64             | 1977                |
| 1000m           | Iuri Pinto                                | 2:31.65             | 2005                |
| 1500m           | Martin Brans                              | 3:57.49             | 1988                |
| Mile            | Frank Fezza                               | 4:15.59             | 2010                |
| 3000m           | Frank Fezza                               | 8:30.45             | 2010                |
| 2 Mile          | Ken Rolek                                 | 9:31.94             | 1980                |
| 3 Mile          | Bob Stanaback                             | 14:38.84            | 1979                |
| 5000m           | Greg Laraia                               | 15:28.29            | 2009                |
| 55 Hurdles      | Rusty Smith                               | 7.72                | 2007                |
| 60 Hurdles      | Akeim Thomas                              | 8.13                | 2016                |
| Long Jump       | Donavan Anderson                          | 24-5                | 2023                |
| Triple Jump     | Donavan Anderson                          | 49-8 1/2            | 2023                |
| High Jump       | Mike Newhard                              | 6-9 1/4             | 2001                |
| Pole Vault      | <b>Taylor Labarre</b><br>Matt Foust       | <b>15-1</b><br>15-1 | <b>2024</b><br>1990 |
| <b>Shot Put</b> | <b>Cole Gorham</b>                        | <b>51-9 1/4</b>     | <b>2022</b>         |
| <b>Weight</b>   | <b>Anthony Voto</b>                       | <b>55-7 1/2</b>     | <b>2023</b>         |
| Pentathlon      | Kenny Cardullo                            | 3352                | 2007                |
| Heptathlon      | Dan Johnson                               | 4424                | 2009                |
| 4x200m Relay    | Bailey, Bari, Barton, Shaffer             | 1:31.19             | 2019                |
| 4x400m Relay    | Del Popolo, Lawrence, Schumacher, Sheptuk | 3:23.84             | 2017                |
| 4x800m Relay    | A Aldeen, Saparito, Sweet, Fezza          | 7:57.75             | 2010                |
| DMR             | Janssen, Koch, Laders, Laraia             | 10:43.74            | 2009                |

# ESU MEN'S OUTDOOR TRACK & FIELD TOP 10

|                            |                |             |                       |          |      |                           |                 |             |
|----------------------------|----------------|-------------|-----------------------|----------|------|---------------------------|-----------------|-------------|
| <b>100m</b>                |                |             | <b>3000m</b>          |          |      | <b>3000m Steeplechase</b> |                 |             |
| 1. Andrew McCloskey        | 10.41          | 2009        | 1. Iuri Pinto         | 8:28.42  | 2007 | 1. Pete Heesen            | 8:52.04         | 1977        |
| 2. Chadd Braine            | 10.55          | 1998        | 2. Drew Nesbitt       | 8:31.71  | 2007 | 2. James Lauck            | 8:59.43         | 1987        |
| 3. Raul Esteves            | 10.64          | 2021        | 3. Seth Kuchar        | 8:39.44  | 1996 | 3. Ken Rolek              | 9:05.04         | 1982        |
| 4. Asher Ashfield          | 10.66          | 2011        | 4. Chris Schneider    | 8:42.38  | 2013 | 4. Jim Alexander          | 9:13.04         | 1980        |
| <b>5. Miguel Charlery</b>  | <b>10.67</b>   | <b>2024</b> | 5. Matt Hemmer        | 8:43.74  | 1997 | 5. Jim Romano             | 9:15.30         | 2013        |
| 6. Rob Stone               | 10.69          | 1998        | 6. Amr Aldeen         | 8:47.02  | 2011 | 6. Chuck Grose            | 9:15.74         | 1981        |
| 7. Ian Melhorn             | 10.70          | 2011        | 7. Chris Zadroga      | 8:50.37  | 2011 | 7. Chris Zadroga          | 9:23.80         | 2011        |
| 8. Brandon Mercer          | 10.74          | 2012        | 8. Jim Romano         | 8:51.27  | 2011 | 8. Alec Lederer           | 9:29.13         | 2016        |
| <b>9. Tyler Boone</b>      | <b>10.75</b>   | <b>2024</b> | 9. Frank Fezza        | 8:52.42  | 2013 | 9. Bob Tremblay           | 9:30.01         | 1989        |
| 10. Pat Monahan            | 10.77          | 2017        | 10. Mike Pereira      | 8:53.03  | 2011 | 10. Ray Hoffman           | 9:32.90         | 1992        |
| <b>200m</b>                |                |             | <b>5000m</b>          |          |      | <b>High Jump</b>          |                 |             |
| <b>1. Miguel Charlery</b>  | <b>21.21</b>   | <b>2024</b> | 1. Chris Schneider    | 14:36.99 | 2014 | 1. William Berry          | 6-10 3/4        | 2015        |
| <b>2. Tyler Boone</b>      | <b>21.23</b>   | <b>2024</b> | 2. Iuri Pinto         | 14:37.29 | 2008 | Toby Virgil               | 6-10 3/4        | 1982        |
| 3. Andrew McCloskey        | 21.30          | 2009        | 3. Bill Wallace       | 14:39.34 | 1988 | 3. Seth Bailey            | 6-10 1/4        | 2013        |
| 4. Ian Melhorn             | 21.53          | 2011        | 4. Bob Stanaback      | 14:39.54 | 1981 | 4. Gary Guzzi             | 6-10            | 1978        |
| 5. Negus Graham            | 21.55          | 2010        | 5. Bill Farquhar      | 14:41.24 | 1989 | Mike Newhard              | 6-10            | 2003        |
| Manuel Ferreira            | 21.55          | 1989        | 6. Bob Orazem         | 14:43.74 | 1978 | 6. Brad Fees              | 6-9             | 2003        |
| 7. Keith Parker-Washington | 21.61          | 2013        | 7. Drew Nesbitt       | 14:44.40 | 2007 | Kevin Mobley              | 6-9             | 1985        |
| 8. Chris Reddick           | 21.66          | 2009        | 8. Steve Montick      | 14:45.14 | 1979 | 8. Jeff Heal              | 6-8             | 1993        |
| 9. Christian Castro        | 21.75          | 2018        | 9. Sam Bruce          | 14:48.94 | 1978 | Bob Radimer               | 6-8             | 1976        |
| 10. Pete Wright            | 21.82          | 1983        | 10. Alec Lederer      | 14:58.74 | 2017 | 10. Carlos Pepin          | 6-7 1/2         | 2021        |
| --. Woodrow Johnson        | 22.11          | 1978        |                       |          |      |                           |                 |             |
| <b>400m</b>                |                |             | <b>10,000m</b>        |          |      | <b>Triple Jump</b>        |                 |             |
| 1. Negus Graham            | 46.63          | 2011        | 1. Frank Fezza        | 30:16.22 | 2013 | 1. Lenny Jenkins          | 51-7 1/2        | 1974        |
| 2. Damien Boham            | 47.66          | 2013        | 2. Steve Montick      | 30:26.54 | 1984 | 2. Drew Miller            | 50-8 3/4        | 2010        |
| 3. Derrick Washington      | 47.72          | 2015        | 3. Bob Stanaback      | 30:27.74 | 1981 | 3. Brandon Hillman        | 49-4 1/4        | 2011        |
| 4. Manuel Ferreira         | 47.73          | 1990        | 4. Iuri Pinto         | 30:34.66 | 2005 | 4. Donovan Anderson       | 48-11 1/2       | 2023        |
| 5. Chris Reddick           | 47.90          | 2010        | 5. Sam Bruce          | 30:45.64 | 1980 | 5. Russ Holmes            | 48-11           | 1998        |
| <b>6. Tyler Boone</b>      | <b>48.10</b>   | <b>2024</b> | 6. Mark Gerber        | 30:57.34 | 1985 | 6. Bruce Fuller           | 48-7 1/2        | 1987        |
| 7. Jon Reid                | 48.29          | 2006        | 7. Matt Stohl         | 31:01.3  | 2000 | <b>7. Jack Gorham</b>     | <b>48-3 1/4</b> | <b>2024</b> |
| 8. Chris Purvis            | 48.71          | 1979        | 8. Greg Laraia        | 31:05.80 | 2012 | 8. Carlos Forde           | 47-10           | 1985        |
| 9. Robert Garvey           | 48.75          | 2017        | 9. Casey Ellis        | 31:07.12 | 2021 | 9. Donovan Tolbert        | 47-9            | 2012        |
| 10. Zandrew Bowe           | 48.80          | 2023        | 10. Seth Kuchar       | 31:14.42 | 1996 | <b>10. Jaden Johnson</b>  | <b>47-7 3/4</b> | <b>2024</b> |
| <b>800m</b>                |                |             | <b>110m Hurdles</b>   |          |      | <b>Long Jump</b>          |                 |             |
| 1. Nathan Wojick           | 1:51.73        | 2018        | 1. Steve Morgan       | 14.23    | 2017 | 1. Donovan Anderson       | 25-0 1/4        | 2023        |
| 2. Mike Saparito           | 1:51.97        | 2013        | 2. Christian Castro   | 14.36    | 2018 | 2. Rob Stone              | 24-7            | 1996        |
| 3. Damien Boham            | 1:53.19        | 2015        | 3. Rusty Smith        | 14.41    | 2009 | 3. Evan Arnow-Perfilio    | 24-5 1/4        | 1993        |
| 4. Mike Keim               | 1:53.34        | 1982        | 4. Kobe Jenkins       | 14.51    | 2023 | 4. Russ Hopewell          | 24-4            | 1962        |
| 5. Khai Samuels            | 1:53.53        | 2016        | 5. Cory Young         | 14.56    | 2011 | Toby Virgil               | 24-4            | 1982        |
| <b>6. Tim Gale</b>         | <b>1:53.65</b> | <b>2024</b> | 6. Mike Matriciano    | 14.70    | 2019 | <b>6. Jack Gorham</b>     | <b>24-2 1/4</b> | <b>2024</b> |
| 7. Brian McClanahan        | 1:53.74        | 1985        | 7. Van Youngblood     | 14.73    | 1980 | 7. Lenny Jenkins          | 24-1            | 1973        |
| 8. Sam Janssen             | 1:53.92        | 2012        | 8. Ronald D'Eliseo    | 14.75    | 2015 | 8. Kevin Mobley           | 24-0 1/4        | 1985        |
| 9. Frank Fezza             | 1:54.02        | 2010        | 9. Jalen Bailey       | 14.76    | 2019 | 9. Drew Miller            | 23-11 3/4       | 2010        |
| 10. Mahmoud Aldeen         | 1:54.16        | 2011        | Dale Robertson        | 14.76    | 1978 | Darnell Randall           | 23-11 3/4       | 2018        |
| <b>1500m</b>               |                |             | <b>400m Hurdles</b>   |          |      | <b>Pole Vault</b>         |                 |             |
| 1. Brian Wallace           | 3:49.01        | 1982        | 1. Jack Goldowski     | 51.93    | 1985 | 1. Matthew Gallup         | 16-8 3/4        | 2008        |
| 2. Iuri Pinto              | 3:50.53        | 2007        | 2. Tony Sabb          | 52.65    | 1983 | 2. Matt Foust             | 15-10           | 1990        |
| 3. Drew Nesbitt            | 3:53.61        | 2007        | 3. Ronald D'Eliseo    | 52.83    | 2015 | Dan Amari                 | 15-10           | 2021        |
| 4. Chris Schneider         | 3:53.72        | 2014        | 4. Dale Robertson     | 53.17    | 1978 | 4. Ed Patterson           | 15-9            | 1978        |
| 5. Jeff Appel              | 3:54.54        | 1984        | 5. Mark Stinson       | 53.19    | 2003 | 5. Dave Strein            | 15-6 1/2        | 1989        |
| 6. Frank Fezza             | 3:54.81        | 2013        | 6. Ray Pieretti       | 53.59    | 1989 | 6. James Homola           | 15-5 3/4        | 2011        |
| 7. Tom Rodgers             | 3:55.34        | 1982        | 7. Derrick Washington | 53.63    | 2012 | 7. Micah Cooper           | 15-5            | 2023        |
| 8. Martin Brans            | 3:56.00        | 1991        | 8. Jon Reid           | 53.73    | 2007 | Tucker Hafner             | 15-3            | 1988        |
| 9. Sam Janssen             | 3:56.02        | 2012        | 9. Andrew Schumacher  | 54.03    | 2019 | Doug Springer             | 15-3            | 2000        |
| 10. Frank Pucher           | 3:57.20        | 1992        | 10. Jalen Bailey      | 54.19    | 2019 | 10. Lenny Jenkins         | 15-2            | 1974        |
|                            |                |             | 11. Rick Torbik       | 54.24    | 1980 | Mike Rothrock             | 15-0            | 1996        |

# ESU MEN'S OUTDOOR TRACK & FIELD TOP 10

## Shot Put

|                        |                  |             |
|------------------------|------------------|-------------|
| 1. Paul Ferency        | 59-2 1/4         | 1978        |
| 2. <b>Cole Gorham</b>  | <b>56-4</b>      | <b>2024</b> |
| 3. <b>Anthony Voto</b> | <b>55-10 1/4</b> | <b>2024</b> |
| 4. Dominic Walton      | 55-4 3/4         | 2019        |
| 5. Jeremy Burger       | 52-5 1/4         | 2007        |
| 6. Mike Smith          | 52-4 3/4         | 2015        |
| 7. Paul Wagner         | 51-9 1/4         | 2010        |
| 8. Isaac Almoney       | 51-7             | 2022        |
| 9. Al Bell             | 50-11 1/2        | 1982        |
| 10. Noah Lockwood      | 50-5 1/2         | 2017        |

## Discus

|                        |               |             |
|------------------------|---------------|-------------|
| 1. <b>Cole Gorham</b>  | <b>188-10</b> | <b>2024</b> |
| 2. Dane Cochran        | 168-11        | 1980        |
| 3. <b>Anthony Voto</b> | <b>165-3</b>  | <b>2024</b> |
| 4. Dominic Walton      | 163-11        | 2018        |
| 5. Casey Ciaston       | 160-4         | 2015        |
| 6. Paul Ferency        | 159-3         | 1979        |
| 7. Russ McGeehan       | 158-3         | 1997        |
| 8. Noah Lockwood       | 158-0         | 2017        |
| 9. Paul Wagner         | 157-10        | 2009        |
| 10. Isaac Alomoney     | 156-11        | 2022        |

## Hammer

|                        |              |             |
|------------------------|--------------|-------------|
| 1. Travis Toth         | 206-11       | 2016        |
| 2. Paul Wagner         | 203-2        | 2010        |
| 3. <b>Anthony Voto</b> | <b>192-1</b> | <b>2024</b> |
| 4. Issac Almoney       | 190-10       | 2024        |
| 5. Daryn Blackwell     | 187-9        | 2023        |
| 6. Jack Rosenstein     | 182-0        | 2015        |
| 7. Tom Sutor           | 179-1        | 2009        |
| 8. Scott Weiser        | 176-5        | 1996        |
| 9. Mike Smith          | 172-11       | 2015        |
| 10. Jonathan Hummel    | 167-6        | 2017        |

## Javelin (new)

|                   |        |      |
|-------------------|--------|------|
| 1. Matt Tholis    | 232-0  | 2013 |
| 2. Josh Hontz     | 225-4  | 2011 |
| 3. Lance Branyan  | 222-11 | 1992 |
| 4. Eric Garner    | 214-7  | 2022 |
| 5. Barry Krammes  | 213-0  | 2004 |
| 6. Al Yackenchick | 212-3  | 1992 |
| 7. Dan Gale       | 211-4  | 2006 |
| 8. Kenny Cardullo | 210-3  | 2007 |
| 9. Jeff Hager     | 205-1  | 1988 |
| 10. Bill Buis     | 201-1  | 2009 |

## Javelin (old)

|                      |        |      |
|----------------------|--------|------|
| 1. Mike Revenis      | 244-9  | 1982 |
| 2. Ed Long           | 229-3  | 1971 |
| 3. Mike Schicchitano | 227-10 | 1984 |
| 4. John Stevens      | 211-7  | 1977 |
| 5. Rob Muller        | 202-1  | 1980 |
| 6. Ger Guernacinni   | 200-6  | 1975 |

## Decathlon

|                   |      |      |
|-------------------|------|------|
| 1. Dan Johnson    | 6925 | 2012 |
| 2. Austin Horner  | 6765 | 2018 |
| 3. Greg Tymon     | 6471 | 1994 |
| 4. Mike Feliciani | 6439 | 1995 |
| 5. George Burford | 6387 | 1978 |
| 6. Lance Branyan  | 6288 | 1991 |
| 7. Andrew Sloves  | 6229 | 2013 |
| 8. Eric Conard    | 6209 | 2015 |
| 9. Anthony Hayne  | 6124 | 1996 |
| 10. Mitch Carfora | 6119 | 2002 |

# ESU MEN'S OUTDOOR TRACK & FIELD TOP 10

## 4x100m Relay

|                 |                                              |             |
|-----------------|----------------------------------------------|-------------|
| 1. 40.79        | Ashfield, Melhorn, Reddick, McCloskey        | 2010        |
| 2. 40.83        | Ashfield, Reddick, McClenton, McCloskey      | 2009        |
| 3. 40.98        | Mercer, Parker-Washington, Rickard, Burgess  | 2013        |
| 40.98           | Mercer, Parker-Washington, Fearon, Melhorn   | 2012        |
| 5. 41.00        | Ashfield, Parker-Washington, Graham, Melhorn | 2011        |
| <b>6. 41.40</b> | <b>Esteves, Williams, Thompson, Charlery</b> | <b>2023</b> |
| <b>7. 41.48</b> | <b>Gorham, Boone, Gilchrist, Charlery</b>    | <b>2024</b> |
| 8. 41.53        | Pendleton, Thomas, Morgan, Monahan           | 2016        |
| 9. 41.61        | Monahan, Castro, D'Eliseo, Schumacher        | 2018        |
| 10. 41.69       | Monahan, Thomas, Shaffer, Bailey             | 2019        |
| 11. 41.75       | Bailey, D'Eliseo, Morgan, Parker-Washington  | 2014        |
| 12. 41.77       | Pendleton, Thomas, Morgan, Monahan           | 2017        |

## 4x200m Relay

|             |                                              |      |
|-------------|----------------------------------------------|------|
| 1. 1:25.37  | Graham, Melhorn, Reddick, McCloskey          | 2010 |
| 2. 1:25.97  | Melhorn, Parker-Washington, Ashfield, Graham | 2011 |
| 3. 1:27.35  | Rickard, Parker-Washington, Yeomans, Burgess | 2013 |
| 4. 1:27.60  | Johnson-Troupe, Garvey, Castro, Monahan      | 2017 |
| 5. 1:27.74  | Price, Guers, Jackson, Johnson               | 1976 |
| 6. 1:27.93  | Kiser, Reddick, Pammer, McCloskey            | 2008 |
| 7. 1:28.35  | Pendleton, Walker, Morgan, Johnson-Troupe    | 2015 |
| 8. 1:28.43  | Young, Stuart, Schweizer, Ferreira           | 1987 |
| 9. 1:28.45  | Stinson, Newhard, Glover, Denninger          | 2003 |
| 10. 1:28.52 | Monahan, Garvey, Morgan, Washington          | 2016 |

## 4x400m Relay

|             |                                              |      |
|-------------|----------------------------------------------|------|
| 1. 3:12.07  | Parker-Washington, Washington, Garvey, Boham | 2014 |
| 2. 3:13.91  | Parker-Washington, Walker, Pammer, Graham    | 2011 |
| 3. 3:14.12  | Walker, Washington, D'Eliseo, Boham          | 2015 |
| 4. 3:14.44  | Guers, Bujalski, C Purvis, B Purvis          | 1976 |
| 5. 3:14.29  | Melhorn, Reddick, Pammer, Graham             | 2010 |
|             | Graham, Melhorn, Pammer, Reddick             | 2010 |
| 7. 3:14.94  | Boone, Bowe, Crestwell, Charlery             | 2024 |
| 8. 3:15.36  | Rickard, Parker-Washington, Boham, Yeomans   | 2013 |
| 9. 3:15.55  | Boone, Bowe, Carney, Ditty                   | 2023 |
| 10. 3:15.92 | Roberts, Ditty, Bowe, Boone                  | 2022 |
| 11. 3:15.98 | Parker-Washington, Melhorn, Rickard, Boham   | 2012 |
| 12. 3:16.27 | Prudente, Kiser, Pammer, Reddick             | 2008 |
| 13. 3:16.54 | Woods, Stuart, McClanahan, Goldowski         | 1985 |

## 4x800m Relay

|             |                                       |      |
|-------------|---------------------------------------|------|
| 1. 7:39.18  | Fanelle, Samuels, Sheptuk, Wojick     | 2018 |
| 2. 7:41.19  | Saparito, Schneider, A. Aldeen, Boham | 2013 |
| 3. 7:43.64  | McClanahan, Perna, Appel, Headland    | 1985 |
| 4. 7:44.53  | Crosbie, Lopez, Reisenweaver, Samuels | 2019 |
| 5. 7:45.65  | Pinto, Pregnar, Nesbitt, Innis        | 2006 |
| 6. 7:46.91  | Saparito, Graham, Janssen, Fezza      | 2010 |
| 7. 7:49.37  | Donio, Strohm, Stohl, Sarro           | 1999 |
| 8. 7:49.87  | Glosser, Krieger, Halligan, Samuels   | 2016 |
| 9. 7:50.54  | Rolek, Br. Wallace, Keim, Rogers      | 1982 |
| 10. 7:50.94 | Appel, Bi. Wallace, Hutta, Tremblay   | 1986 |
| 11. 7:52.49 | Campoli, Innis, Pinto, Nesbitt        | 2005 |

## Sprint Medley Relay

|            |                                   |      |
|------------|-----------------------------------|------|
| 1. 3:30.54 | Stinson, Garibaldi, Sarro, Strohm | 2000 |
| 2. 3:30.60 | Melhorn, Pammer, Graham, Saparito | 2011 |
| 3. 3:32.84 | Youngblood, Sabb, Newman, Keim    | 1980 |
| 4. 3:39.74 | Drexler, Forde, Woods, Wolfe      | 1985 |
| 5. 3:40.34 | Davis, Pinciotti, Wright, Zincone | 1983 |
| 3:40.34    | Hartman, Magolon, Rogers, Hollar  | 1987 |
| 7. 3:40.61 | Braine, Haggerty, Fisher, Hashway | 1998 |
| 8. 3:40.74 | Gerbino, Powell, Carvell, Hemmer  | 1997 |
| 9. 3:43.34 | Feliciani, Stone, Toth, Litz      | 1995 |

## Distance Medley Relay

|             |                                       |      |
|-------------|---------------------------------------|------|
| 1. 10:02.84 | McClanahan, Goldowski, Appel, Wallace | 1984 |
| 2. 10:03.21 | Nesbitt, Reid, Innis, Pinto           | 2006 |
| 3. 10:06.44 | Rogers, McClanahan, Rolek, Wallace    | 1983 |
| 4. 10:16.12 | Wojick, Slocombe, Samuels, Sheptuk    | 2018 |
| 5. 10:19.64 | Keim, McClanahan, Rogers, Wallace     | 1982 |
| 6. 10:22.90 | Sarro, Rosenblatt, Strohm, Hemmer     | 1999 |
| 7. 10:25.61 | Lloyd, Sheptuk, Samuels, Lederer      | 2017 |
| 8. 10:29.64 | Hess, Bennett, Tremblay, Wallace      | 1987 |
| 9. 10:41.70 | Strohm, Garibaldi, Sarro, Stohl       | 2000 |

## Shuttle Hurdles

|             |                                         |      |
|-------------|-----------------------------------------|------|
| 1. 58.63    | Morgan, Matrisciano, Thomas, Castro     | 2017 |
| 2. 59.81    | Robertino, D'Eliseo, Washington, Morgan | 2014 |
| 3. 59.99    | Thomas, Robertino, Castro, Morgan       | 2016 |
| 4. 1:00.18  | D'Eliseo, Robertino, Washington, Morgan | 2015 |
| 5. 1:00.94  | McKenzie, Gilchrist, Torbik, Youngblood | 1980 |
| 6. 1:02.06  | Castro, Matrisciano, Horner, Schumacher | 2018 |
| 7. 1:02.49  | Fronk, Scannella, Rucker, Breiner       | 2005 |
| 8. 1:02.99  | Kercher, Fronk, Breiner, Rucker         | 2004 |
| 9. 1:04.64  | Heal, Gulick, Tymon, Hoffman            | 1993 |
| 10. 1:07.04 | Hartman, Goode, Daubert, Saner          | 1986 |

# ESU MEN'S OUTDOOR TRACK & FIELD FRESHMAN RECORDS

|               |                               |              |             |
|---------------|-------------------------------|--------------|-------------|
| 100m          | Raul Esteves                  | 10.64        | 2021        |
| 200m          | <b>Miguel Charlery</b>        | <b>21.51</b> | <b>2023</b> |
| 400m          | Damien Boham                  | 47.92        | 2012        |
| 800m          | Khai Samuels                  | 1:53.53      | 2016        |
| 1500m         | Iuri Pinto                    | 3:54.45      | 2005        |
| 3000m         | Amr Aldeen                    | 8:47.53      | 2010        |
| 5000m         | Bobby Orazem                  | 15:05.50     | 1977        |
| 3 Mile        | Bobby Orazem                  | 14:26.9      | 1977        |
| 10,000m       | Iuri Pinto                    | 30:34.66     | 2005        |
| 110 Hurdles   | Steven Morgan                 | 14.69        | 2014        |
| 400 Hurdles   | Ronald D'Eliseo               | 52.85        | 2014        |
| 3000m ST      | Pete Heesen                   | 9:27.7       | 1974        |
| Long Jump     | Donavan Anderson              | 25-0 1/2     | 2023        |
| Triple Jump   | Donavan Anderson              | 48-11 1/2    | 2023        |
| High Jump     | Toby Virgil                   | 6-10 3/4     | 1982        |
| Pole Vault    | Matt Faust                    | 15-10        | 1990        |
| Shot Put      | Dominic Walton                | 55-2 1/4     | 2018        |
| <b>Discus</b> | <b>Cole Gorham</b>            | <b>170-1</b> | <b>2022</b> |
| Hammer        | Isaac Almoney                 | 174-4        | 2021        |
| Javelin (new) | Kenny Cardullo                | 210-3        | 2007        |
| Javelin (old) | Mike Sciccitano               | 227-10       | 1984        |
| Decathlon     | Mike Feliciani                | 6,058        | 1992        |
| 4x400m Relay  | Roberts, Bari, Barton, Bailey | 3:18.29      | 2019        |