

9TH ANNUAL GO FAST RIVER RUN

Lock Haven, PA

Lock Haven University

Saturday, November 10, 2018

**OFFICIAL MEET REPORT**

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Race #1
WOMEN • 6 Kilometers (3.73 Miles)**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Spread
1 Lock Haven	15	1-2-3-4-5(6)(7)	25:21	1:04.2

INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
1 YOUNG, Sam		862	Unattached	-	23:33.3	6:18.9	3:55.6
2 HASSINGER, Amanda	JR	880	Lock Haven (1)	1	24:43.6	6:37.7	4:07.3
3 TROUT, Bryn	JR	887	Lock Haven (2)	2	25:11.7	6:45.3	4:12.0
4 FINE, Amanda	SO	856	East Stroudsburg	-	25:14.8	6:46.1	4:12.5
5 GROW, Rachel	SO	879	Lock Haven (3)	3	25:27.9	6:49.6	4:14.7
6 NOEL, Karlee		890	Lock Haven (4)	4	25:31.6	6:50.6	4:15.3
7 RUHNKE, Brenna	FR	885	Lock Haven (5)	5	25:47.8	6:55.0	4:18.0
8 LAME, Ally	FR	884	Lock Haven (6)	(6)	26:42.1	7:09.5	4:27.0
9 MELVIN , Kaitlynn	FR	847	Carlisle	-	27:08.4	7:16.6	4:31.4
10 EVERDALE, Mary	SO	878	Lock Haven (7)	(7)	27:17.0	7:18.9	4:32.8
11 JONES, Rachel	FR	844	Carlisle	-	27:37.4	7:24.3	4:36.2
12 KNEPP, Ally	JR	881	Lock Haven	-	28:07.5	7:32.4	4:41.3
13 KRATZER, Paige	SO	883	Lock Haven	-	28:10.8	7:33.3	4:41.8
14 HORGAN, Megan	JR	843	Carlisle	-	29:08.2	7:48.7	4:51.4
15 KORDAZ, Rachel	FR	882	Lock Haven	-	29:12.2	7:49.8	4:52.0
16 KLUGER, Gabrielle	JR	846	Carlisle	-	29:26.5	7:53.6	4:54.4
17 SOLDREDGE, Emily	FR	860	East Stroudsburg	-	31:05.2	8:20.1	5:10.9
18 THOMSON, Shannon	JR	886	Lock Haven	-	33:06.6	8:52.6	5:31.1